

# SAUNA Fest

7-27 October



**Mai mult decât un festival.**

**Mai mult decât o experiență de saună.**

***More than just a festival.***

***More than just a sauna experience.***

Therme București te invită să trăiești peste 500 de spectacole în cadrul celui mai mare festival cu experiențe în saună din lume! Bucură-te de un show multisenzorial complet alături de peste 80 dintre cei mai buni Maeștri Aufguss internaționali.

*Therme București invites you to enjoy over 500 performances at the world's largest festival of sauna experiences! Immerse yourself in a full multisensory journey with more than 80 of the best international Aufguss Masters.*

[www.therme.ro](http://www.therme.ro)

**THERME**  
BUCUREȘTI

## #SaunaFest2024

Descoperă beneficiile spectacolelor în saună susținute la peste 70°C, create special pentru ca tu să te simți bine aici și acum. Toate experiențele Sauna Fest sunt incluse în biletul de acces pentru zona Elysium.

Specialiști din peste 18 țări se reunesc la Therme pentru a-ți oferi momente memorabile în saună. Ai ocazia rară de a face "Ice Bathing" cu Unbounded din Canada sau "Bathe in Nature", o experiență aparte alături de Jobi Manson din Statele Unite ale Americii.

Ritualul Aufguss este creat de un Maestru Aufguss care folosește bulgări de gheață și combinații unice de uleiuri esențiale naturale pentru crearea vaporilor de apă, apoi, prin mișcări spectaculoase din prosop (sau steag, după caz) distribuie aburul către participanții la saună. Rezultatul este o experiență senzorială desăvârșită, benefică pentru minte și corp.

Dacă ești la prima ta experiență Sauna Fest, îți urăm bun venit și să te bucuri din plin de fiecare moment petrecut în saună alături de specialiști și terapeuți din toate colțurile lumii.

Va fi epic!

\* Activitățile prezentate în acest material sunt disponibile doar în cadrul Sauna Fest 2024.

Vezi programul complet de activități zilnice pe [therme.ro](http://therme.ro) și în aplicația **myTherme**.

## #SaunaFest2024

Discover the benefits of sauna shows performed at over 70°C, specially crafted to help you feel your best every moment. All Sauna Fest experiences are included in the entry ticket for the Elysium area.

Experts from more than 18 countries are gathering at Therme to offer you unforgettable moments in the sauna. Don't miss the rare opportunity to try "Ice Bathing" with Unbounded from Canada or "Bathe in Nature," an exceptional experience led by Jobi Manson from the USA.

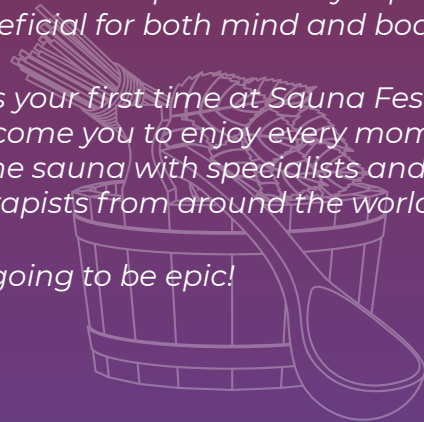
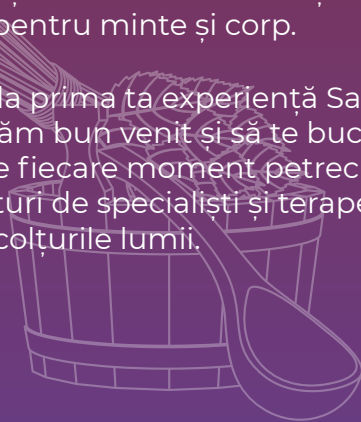
The Aufguss ritual is brought to life by an Aufguss Master, who uses ice balls and unique blends of natural essential oils to create steam. Then, through spectacular movements with a towel (or flag), they distribute the steam to sauna participants. The result is a complete sensory experience, beneficial for both mind and body.

If it's your first time at Sauna Fest, we welcome you to enjoy every moment in the sauna with specialists and therapists from around the world.

It's going to be epic!

\* The activities highlighted in this material are available exclusively during Sauna Fest 2024.

For the full daily activities schedule, visit [therme.ro](http://therme.ro) or check out the **myTherme** app.



# SĂPTĂMÂNA 1 7-13 oct.

## WEEK 1



**Andrei Șerban**  
• *Magic Aufguss*  
• *Do Not Forget*



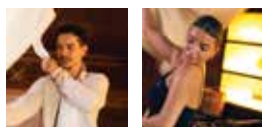
**Elena Balica & Carmen Iacob**  
• *Noroc*  
• *2<sup>nd</sup> Chance*



**Diana Boamfă**  
• *Simulation of a Broken Heart*



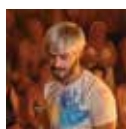
**Alexandra Drilea & Alexandru Hogeș**  
• *Eschimoo*



**Andrei Șerban & Carmen Iacob**  
• *Romeo & Juliet*



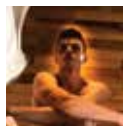
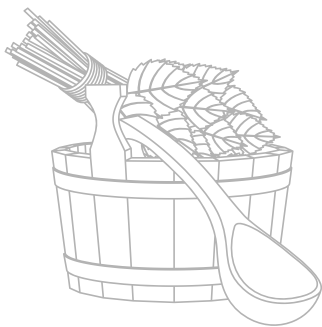
**Elena Balica & Rareș Matei**  
• *La Casa de Papel*



**Adrian Manolache**  
• *My Signature*



**Andreea Broștiuc**  
• *Harriet Tubman*  
• *Married at 18?*



**Mark Badura**  
• *If it is Not Impossible*  
• *Split*



**Adela Cervena**  
• *Be like Water*



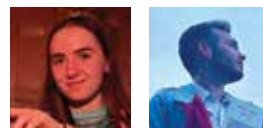
**Barbora Tarabcová**  
• *Avatar - Nothing is Lost*



**Patrik Toman**  
• *The Little Prince*



**Adela Cervena & Mark Badura**  
• *H.E.R*



**Barbora Tarabcová & Patrik Toman**  
• *Present Moment*



**Georgii Kopylov**  
• *Valhalla's Reach*  
• *Asgard after Ragnarok*  
• *The Ritual*

# SÄPTÄMÄNA 1

## WEEK 1

7-13 oct.



### Belgium – Sauna Wizards



#### Yvan Fermyn

- *Whisk Ritual*
- *A Moment to Relax*



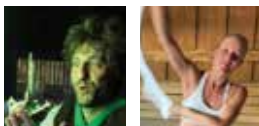
#### Katrijn Van Uytvanck

- *Folk*
- *Back in time*



#### Alex Radaman

- *Love & Life*
- *Cinderelloo*
- *Mr. Unstoppable*

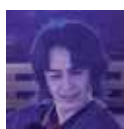


#### Alex Radaman & Katrijn Van Uytvanck

- *Barbie & Ken*



### Japan



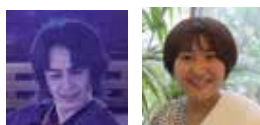
#### Yujiro Otsuka

- *Kagura*



#### Nozomi Nagira

- *Japan Travel*



#### Yujiro Otsuka & Nozomi Nagira

- *Shugendo Ritual*
- *Matsuri*



### Belgium



#### Bart de Backer & Nathan Pruvoost

- *Sweat Another Day*
- *Back to Nature*
- *The 6<sup>th</sup> Day*



### Germany – Therme Euskirchen



#### Anita Barian

- *Circus Circus*



#### Anita Barian & Doreen Josten

- *2 Witches*



### Germany



#### Lennart Kloß

- *Crossover*
- *Blast*
- *Free*



### Denmark & Germany – Team Bear



#### Kim P. Pedersen

- *Nordic Whisking*
- *Tales from the North*
- *Nordic Dreams*



#### Rasmus Bæk Thomsen

- *Battle*
- *15<sup>th</sup> Century*
- *The Greatest Showman*
- *Viking*



#### René Hoppstock

- *Vitalian Symphonie*
- *Faust's Tragic Pact*
- *Fun with Towels*

# SĂPTĂMÂNA 1 7-13 oct.

## WEEK 1



### Netherlands – Happy Aufguss



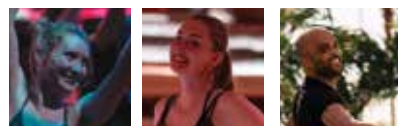
#### Djuri Reijnen & Charlotte Reijnen & Davey van Keulen & Shannon Kooistra & Iris Boerman & Joes Hermsen

- *80's Love!*
- *Let's Go to Movies*
- *The Tale of the Three Brothers*



#### Iris Boerman & Shannon Kooistra

- *Dreaming*



#### Shannon Kooistra & Iris Boerman & Djuri Reijnen

- *Alchemist Unleashed*



#### Shannon Kooistra

- *Light of the Seven*



#### Davey van Keulen

- *Plaguedoctor*



#### Joes Hermsen

- *Japanese Dream*



#### Iris Boerman & Djuri Reijnen

- *Shadows of the Bayou*
- *Bad Romance*



### Italy



#### Michael Niedermair

- *Make it Happen*
- *7even*
- *Time*



### Poland



#### Katarzyna Klajn

- *Black Swan*
- *Ann*



















### Bosnia and Herzegovina



#### Indir Kurdic

- *Bosnia meets Bucharest*
- *Oriental Night*
- *Vikings*
- *Black Forest Party*

ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>The Little Prince</b> by Patrik Toman / CZ	Provence	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
THE PALM 11:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 12:00	<b>Folk</b> by Katrijn Van Uytvanck / BE	Alhambra	
GALAXY 12:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Whisk Ritual</b> by Yvan Fermyn / BE	Bavaria	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 13:30-14:00	<b>Citrus Infusion</b>	Amazon	
ELYSIUM 13:30	<b>Back in Time</b> by Katrijn Van Uytvanck / BE	Provence	
ELYSIUM 14:00	<b>Love &amp; Life</b> by Alex Radaman / BE	Alhambra	
ELYSIUM 14:00	<b>Present Moment</b> by Barbora Tarabcová & Patrik Toman / CZ	Hollywood	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 15:00	<b>Valhalla's Reach</b> by Georgii Kopylov / UA	Provence	
ELYSIUM 15:30-16:00	<b>Woody Infusion</b>	Bavaria	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 15:30	<b>A Moment to Relax</b> by Yvan Fermyn / BE	Alhambra	
ELYSIUM 16:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 16:00	<b>Cinderelloo</b> by Alex Radaman / BE	Hollywood	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
GALAXY 16:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 17:00	<b>Be Like Water</b> by Adéla Cervená / CZ	Provence	

ELYSIUM 17:00	<b>Asgard After Ragnarok</b> by Georgii Kopylov / UA	Bavaria	
ELYSIUM 17:30	<b>If it is Not Impossible</b> by Mark Badura / CZ	Hollywood	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 18:00	<b>Avatar – Nothing is Lost</b> by Barbora Tarabcová / CZ	Amazon	
ELYSIUM 18:00	<b>Mysterious Incense</b>	Alhambra	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>Magic Aufguss</b> by Andrei Șerban / RO	Bavaria	
ELYSIUM 19:00	<b>Mr. Unstoppable</b> by Alex Radaman / BE	Provence	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>H.E.R</b> by Adéla Cervená & Mark Badura / CZ	Hollywood	
ELYSIUM 20:00	<b>The Ritual</b> by Georgii Kopylov / UA	Alhambra	
GALAXY 20:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Barbie &amp; Ken</b> by Alex Radaman & Katrijn Van Uytvanck / BE	Provence	
ELYSIUM 21:00	<b>Noroc</b> by Elena Balica & Carmen Iacob / RO	Bavaria	
ELYSIUM 21:30-22:00	<b>Spicy Infusion</b>	Alhambra	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Equilibrium</b>	Amazon	



























ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Valhalla's Reach</b> <i>by Georgii Kopylov / UA</i>	Provence	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
THE PALM 11:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 12:00	<b>Silk Road</b>	Alhambra	
GALAXY 12:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Herbarium Aufguss</b>	Bavaria	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 13:30-14:00	<b>Citrus Infusion</b>	Amazon	
ELYSIUM 13:30	<b>Back in Time</b> <i>by Katrijn Van Uytvanck / BE</i>	Provence	
ELYSIUM 14:00	<b>Oriental Time</b>	Alhambra	
ELYSIUM 14:00	<b>H.E.R</b> <i>by Adéla Cervená &amp; Mark Badura / CZ</i>	Hollywood	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 15:00	<b>Barbie &amp; Ken</b> <i>by Alex Radaman &amp; Katrijn Van Uytvanck / BE</i>	Provence	
ELYSIUM 15:30	<b>Magic Aufguss</b> <i>by Andrei Șerban / RO</i>	Bavaria	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 15:30	<b>The Ritual</b> <i>by Georgii Kopylov / UA</i>	Alhambra	
ELYSIUM 16:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 16:00	<b>Present Moment</b> <i>by Barbora Tarabcová &amp; Patrik Toman / CZ</i>	Hollywood	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
GALAXY 16:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 17:00	<b>Split</b> <i>by Mark Badura / CZ</i>	Provence	

ELYSIUM 17:00	<b>Asgard After Ragnarok</b> <i>by Georgii Kopylov / UA</i>	Bavaria	
ELYSIUM 17:30	<b>2nd Chance</b> <i>by Elena Balica &amp; Carmen Iacob / RO</i>	Hollywood	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 18:00	<b>Avatar – Nothing is Lost</b> <i>by Barbora Tarabcová / CZ</i>	Amazon	
ELYSIUM 18:00	<b>A Moment to Relax</b> <i>by Yvan Fermyn / BE</i>	Alhambra	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>Noroc</b> <i>by Elena Balica &amp; Carmen Iacob / RO</i>	Bavaria	
ELYSIUM 19:00	<b>Be Like Water</b> <i>by Adéla Cervená / CZ</i>	Provence	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>If it is Not Impossible</b> <i>by Mark Badura / CZ</i>	Hollywood	
ELYSIUM 20:00	<b>Maur Saga</b>	Alhambra	
GALAXY 20:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>The Little Prince</b> <i>by Patrik Toman / CZ</i>	Provence	
ELYSIUM 21:00	<b>Whisk Ritual</b> <i>by Yvan Fermyn / BE</i>	Bavaria	
ELYSIUM 21:30	<b>Folk</b> <i>by Katrijn Van Uytvanck / BE</i>	Alhambra	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Equilibrium</b>	Amazon	





















ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Valhalla's Reach</b> <i>by Georgii Kopylov / UA</i>	Provence	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
THE PALM 11:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 12:00	<b>Cinderello</b> <i>by Alex Radaman / BE</i>	Hollywood	
THE PALM 12:00	<b>Silk Road</b>	Alhambra	
GALAXY 12:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Whisk Ritual</b> <i>by Yvan Fermyn / BE</i>	Bavaria	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 13:30	<b>Kagura</b> <i>by Yujiro Otsuka / JP</i>	Amazon	
ELYSIUM 13:30	<b>The Little Prince</b> <i>by Patrik Toman / CZ</i>	Provence	
ELYSIUM 14:00	<b>Avatar – Nothing is Lost</b> <i>by Barbora Tarabcová / CZ</i>	Amazon	
ELYSIUM 14:00	<b>Folk</b> <i>by Katrijn Van Uytvanck / BE</i>	Alhambra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 15:00	<b>Mr. Unstoppable</b> <i>by Alex Radaman / BE</i>	Provence	
ELYSIUM 15:30	<b>Asgard After Ragnarok</b> <i>by Georgii Kopylov / UA</i>	Bavaria	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 15:30	<b>Shugendo Ritual</b> <i>by Yujiro Otsuka &amp; Nozomi Nagira / JP</i>	Alhambra	
ELYSIUM 16:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 16:00	<b>Present Moment</b> <i>by Barbora Tarabcová &amp; Patrik Toman / CZ</i>	Hollywood	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	

GALAXY 16:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 17:00	<b>Bosnia Meets Bucharest</b> <i>by Indir Kurdic / BIH</i>	Provence	
ELYSIUM 17:00	<b>Magic Aufguss</b> <i>by Andrei Șerban / RO</i>	Bavaria	
ELYSIUM 17:30	<b>H.E.R</b> <i>by Adéla Cervená &amp; Mark Badura / CZ</i>	Hollywood	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 18:00	<b>Circus Circus</b> <i>by Anita Barian / DE</i>	Amazon	
ELYSIUM 18:00	<b>A Moment to Relax</b> <i>by Yvan Fermyn / BE</i>	Alhambra	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>Crossover</b> <i>by Lennart Kloß / DE</i>	Bavaria	
ELYSIUM 19:00	<b>Matsuri</b> <i>by Yujiro Otsuka &amp; Nozomi Nagira / JP</i>	Provence	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>If it is Not Impossible</b> <i>by Mark Badura / CZ</i>	Hollywood	
ELYSIUM 20:00	<b>The Ritual</b> <i>by Georgii Kopylov / UA</i>	Alhambra	
GALAXY 20:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Barbie &amp; Ken</b> <i>by Alex Radaman &amp; Katrijn Van Uytvanck / BE</i>	Provence	
ELYSIUM 21:00	<b>2 Witches</b> <i>by Anita Barian &amp; Doreen Josten / DE</i>	Bavaria	
ELYSIUM 21:30	<b>Oriental Night</b> <i>by Indir Kurdic / BIH</i>	Alhambra	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Blast</b> <i>by Lennart Kloß / DE</i>	Amazon	





ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Split</b> by Mark Badura / CZ	Provence	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
THE PALM 11:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 12:00	<b>Japan Travel</b> by Nozomi Nagira / JP	Alhambra	
GALAXY 12:30	<b>Caribbean Scrub</b>	Tropical Rain	
12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Battle</b> by Rasmus Thomsen / DK	Bavaria	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 13:30	<b>Avatar – Nothing is Lost</b> by Barbora Tarabcová / CZ	Amazon	
ELYSIUM 13:30	<b>The Little Prince</b> by Patrik Toman / CZ	Provence	
ELYSIUM 14:00	<b>H.E.R</b> by Adéla Cervená & Mark Badura / CZ	Hollywood	
ELYSIUM 14:00	<b>Shugendo Ritual</b> by Yujiro Otsuka & Nozomi Nagira / JP	Alhambra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 15:00	<b>Bosnia Meets Bucharest</b> by Indir Kurdic / BIH	Provence	
ELYSIUM 15:30	<b>Nordik Whiskying</b> by Kim P. Pedersen / DK	Bavaria	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 15:30-16:30	<b>Spice Bazaar</b>	Alhambra	
ELYSIUM 16:00	<b>Circus Circus</b> by Anita Barian / DE	Amazon	
ELYSIUM 16:00	<b>15<sup>th</sup> Century</b> by Rasmus Thomsen / DK	Hollywood	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
GALAXY 16:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 17:00	<b>Japanese Dream</b> by Joes Hermesen / NL	Provence	

ELYSIUM 17:00	<b>Tales from the North</b> by Kim P. Pedersen / DK	Bavaria	
ELYSIUM 17:30	<b>Plaguedoctor</b> by Davey van Keulen / NL	Hollywood	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 18:00	<b>Vikings</b> by Indir Kurdic / BIH	Amazon	
ELYSIUM 18:00	<b>Light of the Seven</b> by Shannon Kooistra / NL	Alhambra	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>Crossover</b> by Lennart Kloß / DE	Bavaria	
ELYSIUM 19:00	<b>Matsuri</b> by Yujiro Otsuka & Nozomi Nagira / JP	Provence	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Shadows of the Bayou</b> by Iris Boerman & Djuri Reijnen / NL	Hollywood	
ELYSIUM 20:00	<b>Oriental Night</b> by Indir Kurdic / BIH	Amazon	
GALAXY 20:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>The Greatest Showman</b> by Rasmus Thomsen / DK	Provence	
ELYSIUM 21:00	<b>2 Witches</b> by Anita Barian & Doreen Josten / DE	Bavaria	
ELYSIUM 21:30	<b>Free</b> by Lennart Kloß / DE	Alhambra	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Kagura</b> by Yujiro Otsuka / JP	Amazon	



ELYSIUM 10:00	<b>Oriental Morning</b>	Alhambra	
ELYSIUM 10:30-11:00	<b>Herbal Infusion</b>	Amazon	
ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Bosnia Meets Bucharest</b> <i>by Indir Kurdic / BIH</i>	Provence	
ELYSIUM 11:30	<b>Crossover</b> <i>by Lennart Kloß / DE</i>	Bavaria	
ELYSIUM 11:30	<b>Vitalian Symphonie</b> <i>by René Hoppstock / DE</i>	Alhambra	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 12:00	<b>Circus Circus</b> <i>by Anita Barian / DE</i>	Amazon	
ELYSIUM 12:00	<b>Plaguedoctor</b> <i>by Davey van Keulen / NL</i>	Hollywood	
THE PALM 12:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 12:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Black Forest Party</b> <i>by Indir Kurdic / BIH</i>	Bavaria	
ELYSIUM 13:00	<b>Japanese Dream</b> <i>by Joes Hermsen / NL</i>	Provence	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 14:00	<b>Alchemist Unleashed</b> <i>by Shannon Kooistra &amp; Iris Boerman &amp; Djuri Reijnen / NL</i>	Hollywood	
ELYSIUM 14:00	<b>Blast</b> <i>by Lennart Kloß / DE</i>	Amazon	
ELYSIUM 14:00	<b>Japan Travel</b> <i>by Nozomi Nagira / JP</i>	Alhambra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
GALAXY 14:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 15:00	<b>Faust's Tragic Pact</b> <i>by René Hoppstock / DE</i>	Provence	
ELYSIUM 15:00	<b>Battle</b> <i>by Rasmus Thomsen / DK</i>	Bavaria	

THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 16:00	<b>Nordik Whiskying</b> <i>by Kim P. Pedersen / DK</i>	A Terra	
ELYSIUM 16:00	<b>Light of the Seven</b> <i>by Shannon Kooistra / NL</i>	Alhambra	
ELYSIUM 16:00	<b>Herbarium Aufguss</b>	Amazon	
ELYSIUM 16:00	<b>Aufguss Show</b>	Hollywood	
GALAXY 16:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 17:00	<b>Simulation of a Broken Heart</b> <i>by Diana Boamfä / RO</i>	Bavaria	
ELYSIUM 17:00	<b>The Greatest Showman</b> <i>by Rasmus Thomsen / DK</i>	Provence	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 17:30	<b>Eschimoo</b> <i>by Alexandra Drilea &amp; Alex Hogeä / RO</i>	Hollywood	
ELYSIUM 18:00	<b>Bad Romance</b> <i>by Iris Boerman &amp; Djuri Reijnen / NL</i>	Ad Astra	
ELYSIUM 18:00	<b>Shugendo Ritual</b> <i>by Yujiro Otsuka &amp; Nozomi Nagira / JP</i>	Alhambra	
ELYSIUM 18:00	<b>Fun with Towels</b> <i>by René Hoppstock / DE</i>	Amazon	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 18:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>Sweat Another Day</b> <i>by Bart De Backer &amp; Nathan Pruvoost / BE</i>	Provence	
ELYSIUM 19:00	<b>Nordic Dreams</b> <i>by Kim P. Pedersen / DK</i>	A Terra	
ELYSIUM 19:00	<b>Precious Wood</b>	Bavaria	
ELYSIUM 19:30	<b>15<sup>th</sup> Century</b> <i>by Rasmus Thomsen / DK</i>	Hollywood	

# SAUNA FEST

Vineri / Friday

11 oct.

THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Mysterious Incense</b>	Alhambra	
ELYSIUM 20:00	<b>80's Love!</b> <i>by Team Happy Aufguss / NL</i>	Ad Astra	SAUNA 
ELYSIUM 20:00	<b>Equilibrium</b>	Amazon	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Matsuri</b> <i>by Yujiro Otsuka &amp; Nozomi Nagira / JP</i>	Provence	SAUNA 
ELYSIUM 21:00	<b>Tales from the North</b> <i>by Kim P. Pedersen / DK</i>	Bavaria	SAUNA 
ELYSIUM 21:30	<b>Dreaming</b> <i>by Iris Boerman &amp; Shannon Kooistra / NL</i>	Amazon	SAUNA 
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Maur Saga</b>	Alhambra	




# SAUNA FEST

Sâmbătă / Saturday

12 oct.

ELYSIUM 10:00	<b>Japan Travel</b> <i>by Nozomi Nagira / JP</i>	Alhambra	SAUNA 
ELYSIUM 10:30-11:00	<b>Herbal Infusion</b>	Amazon	
ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Black Swan</b> <i>by Katarzyna Klajn / PL</i>	Provence	SAUNA 
ELYSIUM 11:30	<b>Tales from the North</b> <i>by Kim P. Pedersen / DK</i>	Bavaria	SAUNA 
ELYSIUM 11:30	<b>Vitalian Symphonie</b> <i>by René Hoppstock / DE</i>	Alhambra	SAUNA 
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 12:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 12:00	<b>Viking</b> <i>by Rasmus Thomsen / DK</i>	A Terra	SAUNA 
ELYSIUM 12:00	<b>Plaguedoctor</b> <i>by Davey van Keulen / NL</i>	Hollywood	SAUNA 
THE PALM 12:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 12:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Let's Go to Movies</b> <i>by Team Happy Aufguss / NL</i>	Bavaria	SAUNA 
ELYSIUM 13:00	<b>Make it Happen</b> <i>by Michael Niedermair / IT</i>	Ad Astra	SAUNA 
ELYSIUM 13:00	<b>Matsuri</b> <i>by Yujiro Otsuka &amp; Nozomi Nagira / JP</i>	Provence	SAUNA 
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 14:00	<b>Alchemist Unleashed</b> <i>by Shannon Kooistra &amp; Iris Boerman &amp; Djuri Reijnen / NL</i>	Hollywood	SAUNA 
ELYSIUM 14:00	<b>Citrus Breeze</b>	Amazon	
ELYSIUM 14:00	<b>Silk Road</b>	Alhambra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	













 Aufguss  Infusion  Scrub & Face Mask  Water activities

GALAXY 14:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 15:00	<b>Romeo &amp; Juliet</b> by Andrei Șerban & Carmen Iacob / RO	Ad Astra	
ELYSIUM 15:00	<b>7even</b> by Michael Niedermair / IT	Provence	
ELYSIUM 15:00	<b>Back to Nature</b> by Bart De Backer & Nathan Pruvoost / BE	A Terra	
ELYSIUM 15:00	<b>Scandinavian Rain</b>	Bavaria	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 16:00-16:30	<b>Spicy Infusion</b>	Alhambra	
ELYSIUM 16:00	<b>Kagura</b> by Yujiro Otsuka / JP	Amazon	
ELYSIUM 16:00	<b>The Tale of the Three Brothers</b> by Team Happy Aufguss / NL	Hollywood	
GALAXY 16:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 17:00	<b>La Casa de Papel</b> by Elena Balica & Rareș Matei / RO	Bavaria	
ELYSIUM 17:00	<b>Faust's Tragic Pact</b> by René Hoppstock / DE	Ad Astra	
ELYSIUM 17:00	<b>Japanese Dream</b> by Joes Hermsen / NL	Provence	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 17:30	<b>Shadows of the Bayou</b> by Iris Boerman & Djuri Reijnen / NL	Hollywood	
ELYSIUM 18:00	<b>Shugendo Ritual</b> by Yujiro Otsuka & Nozomi Nagira / JP	Alhambra	
ELYSIUM 18:00	<b>Nordic Whisking</b> by Kim P. Pedersen / DK	A Terra	
ELYSIUM 18:00	<b>Essential Chill</b>	Amazon	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 18:30	<b>Herbal Scrub</b>	Herbal Essences	

ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>Ann</b> by Katarzyna Klajn / PL	Provence	
ELYSIUM 19:00	<b>The 6<sup>th</sup> Day</b> by Bart De Backer & Nathan Pruvoost / BE	Ad Astra	
ELYSIUM 19:00	<b>Noroc</b> by Elena Balica & Carmen Iacob / RO	Bavaria	
ELYSIUM 19:30	<b>15<sup>th</sup> Century</b> by Rasmus Thomsen / DK	Hollywood	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Light of the Seven</b> by Shannon Kooistra / NL	Alhambra	
ELYSIUM 20:00	<b>Fun with Towels</b> by René Hoppstock / DE	Amazon	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Nordic Dreams</b> by Kim P. Pedersen / DK	A Terra	
ELYSIUM 21:00	<b>Sweat Another Day</b> by Bart De Backer & Nathan Pruvoost / BE	Provence	
ELYSIUM 21:00	<b>Battle</b> by Rasmus Thomsen / DK	Bavaria	
ELYSIUM 21:30	<b>Dreaming</b> by Iris Boerman & Shannon Kooistra / NL	Amazon	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Maur Saga</b>	Alhambra	



ELYSIUM 10:00	<b>Light of the Seven</b> <i>by Shannon Kooistra / NL</i>	Alhambra	SAUNA 
ELYSIUM 10:30-11:00	<b>Herbal Infusion</b>	Amazon	
ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Japanese Dream</b> <i>by Joes Hermsen / NL</i>	Provence	SAUNA 
ELYSIUM 11:30-12:00	<b>Mint Infusion</b>	Bavaria	
ELYSIUM 11:30-12:30	<b>Spice Bazaar</b>	Alhambra	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 12:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 12:00	<b>Alchemist Unleashed</b> <i>by Shannon Kooistra &amp; Iris Boerman &amp; Djuri Reijnen / NL</i>	Hollywood	SAUNA 
ELYSIUM 12:00	<b>Back to Nature</b> <i>by Bart De Backer &amp; Nathan Pruvost / BE</i>	A Terra	SAUNA 
THE PALM 12:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 12:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Tales from the North</b> <i>by Kim P. Pedersen / DK</i>	Bavaria	SAUNA 
ELYSIUM 13:00	<b>Black Swan</b> <i>by Katarzyna Klajn / PL</i>	Provence	SAUNA 
ELYSIUM 13:00	<b>Harriet Tubman</b> <i>by Andreea Broștiuc / RO</i>	Ad Astra	SAUNA 
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 14:00	<b>The Tale of the Three Brothers</b> <i>by Team Happy Aufguss / NL</i>	Hollywood	SAUNA 
ELYSIUM 14:00	<b>Kagura</b> <i>by Yujiro Otsuka / JP</i>	Amazon	SAUNA 
ELYSIUM 14:00	<b>Silk Road</b>	Alhambra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
GALAXY 14:30	<b>Oriental Scrub</b>	Oriental Garden	













ELYSIUM 15:00	<b>Sweet Another Day</b> <i>by Bart De Backer &amp; Nathan Pruvost / BE</i>	Provence	SAUNA 
ELYSIUM 15:00	<b>Scandinavian Rain</b>	Bavaria	
ELYSIUM 15:00	<b>Make it Happen</b> <i>by Michael Niedermair / IT</i>	Ad Astra	SAUNA 
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 16:00	<b>Japan Travel</b> <i>by Nozomi Nagira / JP</i>	Alhambra	SAUNA 
ELYSIUM 16:00	<b>Herbarium Aufguss</b>	Amazon	
ELYSIUM 16:00	<b>2<sup>nd</sup> Chance</b> <i>by Elena Balica &amp; Carmen Iacob / RO</i>	Hollywood	SAUNA 
GALAXY 16:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 17:00	<b>Simulation of a Broken Heart</b> <i>by Diana Boamfă / RO</i>	Bavaria	SAUNA 
ELYSIUM 17:00	<b>Ann</b> <i>by Katarzyna Klajn / PL</i>	Provence	SAUNA 
ELYSIUM 17:00	<b>The 6<sup>th</sup> Day</b> <i>by Bart De Backer &amp; Nathan Pruvost / BE</i>	Ad Astra	SAUNA 
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 17:30	<b>Married at 18?</b> <i>by Andreea Broștiuc / RO</i>	Hollywood	SAUNA 
ELYSIUM 18:00	<b>Mystery Bazaar</b>	Alhambra	
ELYSIUM 18:00	<b>Essential Chill</b>	Amazon	
ELYSIUM 18:00	<b>Nordic Whisking</b> <i>by Kim P. Pedersen / DK</i>	A Terra	SAUNA 
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 18:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>My Signature</b> <i>by Adrian Manolache / RO</i>	Provence	SAUNA 



# SAUNA FEST

Duminică / Sunday

13 oct.

ELYSIUM 19:00	<b>La Casa de Papel</b> <i>by Elena Balica &amp; Rareș Matei / RO</i>	Bavaria	
ELYSIUM 19:00	<b>Time</b> <i>by Michael Niedermair / IT</i>	Ad Astra	
ELYSIUM 19:30	<b>Do not Forget</b> <i>by Andrei Șerban / RO</i>	Hollywood	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Shugendo Ritual</b> <i>by Yujiro Otsuka &amp; Nozomi Nagira / JP</i>	Alhambra	
ELYSIUM 20:00	<b>Equilibrium</b>	Amazon	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>7even</b> <i>by Michael Niedermair / IT</i>	Provence	
ELYSIUM 21:00	<b>Magic Aufguss</b> <i>by Andrei Șerban / RO</i>	Bavaria	
ELYSIUM 21:00	<b>Nordic Dreams</b> <i>by Kim P. Pedersen / DK</i>	A Terra	
ELYSIUM 21:30-22:00	<b>Mint Infusion</b>	Amazon	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Maur Saga</b>	Alhambra	

# SAUNA Fest

## SĂPTĂMÂNA 2 WEEK 2

14-20 Oct.



# SĂPTĂMÎNA 2 14-20 Oct.

## WEEK 2

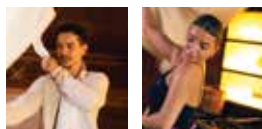
### Romania



**Andrei Șerban**  
• *Magic Aufguss*  
• *Do Not Forget*



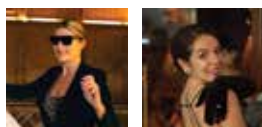
**Diana Boamfă**  
• *Simulation of a Broken Heart*



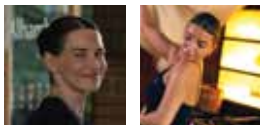
**Andrei Șerban & Carmen Iacob**  
• *Romeo & Juliet*



**Adrian Manolache**  
• *My Signature*



**Alexandra Dragomirescu & Diana Boamfă**  
• *Unshakable*



**Elena Balica & Carmen Iacob**  
• *Noroc*



**Alexandra Drilea & Alexandru Hoge**  
• *Eschimoo*



**Elena Balica & Rareș Matei**  
• *La Casa de Papel*

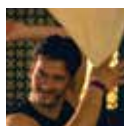


**Andreea Broștiuc**  
• *Harriet Tubman*  
• *Married at 18?*  
• *Angel in the Dark*



**Liviu Lubene**  
• *The Path*

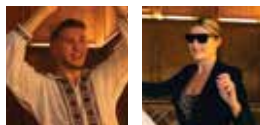
### Romania



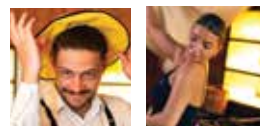
**Mihai Ciusă**  
• *Hear Me Now!*  
• *Radioactive*



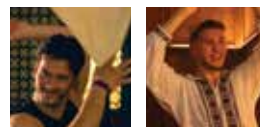
**Carmen Iacob**  
• *Blondie*



**Rareș Matei & Alexandra Dragomirescu**  
• *Gospodar fără pereche*



**Adrian Manolache & Carmen Iacob**  
• *The Mask*



**Mihai Ciusă & Rareș Matei**  
• *Now and Then*



**Rareș Matei**  
• *Nea Marin Miliardar*

### Japan



**Yujiro Otsuka**  
• *Kagura*



**Nozomi Nagira**  
• *Japan Travel*



**Yujiro Otsuka & Nozomi Nagira**  
• *Shugendo Ritual*  
• *Matsuri*

# SÄPTÄMÄNA 2 14-20 Oct.

## WEEK 2



### Belgium



#### Bart de Backer & Nathan Pruvoost

- *Sweat Another Day*
- *Back to Nature*
- *The 6<sup>th</sup> Day*



### Germany



#### Marcel Hetzel

- *Refresh*
- *Pure Nature*
- *Feel It*



#### Thomas Kartes

- *Journey to Italy*
- *Banja Ritual*



#### Jennifer Mühl

- *Black Forest*
- *Breath and Movement*



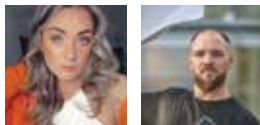
#### Kevin Reuschling

- *Hot Stones*
- *Slomotion*



#### Ann-Cathrin Michel-Kartes & Thomas Kartes

- *Asterix & Obelix*



#### Jennifer Mühl & Kevin Reuschling

- *The Greatest Show*

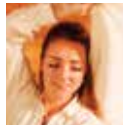


#### Ann-Cathrin Michel-Kartes

- *Classic Meets Modern*
- *The Wood Fairy*



### Netherlands



#### Robin Lukassen

- *A Family Curse*



#### Ashley Fijma & Gideon Fijma

- *The Price of Immortality*



#### Chantal Diesvelt

- *Candy Store*



#### Ashley Fijma & Robin Lukassen

- *Outlander*



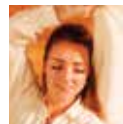
#### Robin Lukassen & Chantal Diesvelt

- *Dark Ones*



#### Ashley Fijma

- *Music Box*
- *Lost Without You*



#### Chantal Diesvelt & Ashley Fijma & Robin Lukassen

- *Mama Mia!*



#### Gideon Fijma

- *Viking Meditation*
- *The Hustler*

# SÄPTÄMÄNA 2 14-20 Oct.

## WEEK 2



### United Kingdom



#### Pavel Poliacek

- *Arthur Guinness*
- *The Greatest Show Man*
- *Heat & Energy*



### Estonia



#### Karl-Peeter Kangur

- *Path to Valhalla*



#### Kaupo Sõrmus

- *Everything is Possible*



### Italy



#### Alexia Edusi Mincone, Matteo Mincone & Luca Trovato

- *Italian Party*



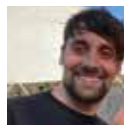
#### Karl-Peeter Kangur & Kaupo Sõrmus

- *Connection with One's Self*
- *Release your Inner Child*



#### Alexia Edusi Mincone

- *Psicostasia*

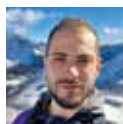


#### Matteo Mincone & Luca Trovato

- *Smoke Ritual*

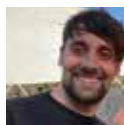


### Denmark



#### Dario Simunovic

- *Don't Stop Me Now*
- *Harmonic Resonance*



#### Alexia Edusi Mincone & Luca Trovato









- *Feudal Japan*




#### Alexia Edusi Mincone & Matteo Mincone

- *Bonnie and Clyde*

*I ♥ Sauna*

ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Matsuri</b> <i>by Yujiro Otsuka &amp; Nozomi Nagira / JP</i>	Provence	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
THE PALM 11:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 12:00	<b>Silk Road</b>	Alhambra	
GALAXY 12:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Herbarium Aufguss</b>	Bavaria	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 13:30-14:00	<b>Citrus Infusion</b>	Amazon	
ELYSIUM 13:30-14:00	<b>Herbal Infusion</b>	Provence	
ELYSIUM 14:00	<b>Shugendo Ritual</b> <i>by Yujiro Otsuka &amp; Nozomi Nagira / JP</i>	Alhambra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 15:00	<b>Sweat Another Day</b> <i>by Bart De Backer &amp; Nathan Pruvoost / BE</i>	Provence	
ELYSIUM 15:30-16:00	<b>Woody Infusion</b>	Bavaria	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 15:30-16:30	<b>Spice Bazaar</b>	Alhambra	
ELYSIUM 16:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 16:00	<b>Angel in the Dark</b> <i>by Andreea Broștiuc / RO</i>	Hollywood	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
GALAXY 16:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 17:00	<b>Unshakable</b> <i>by Alexandra Dragomirescu &amp; Diana Boamfă / RO</i>	Provence	
ELYSIUM 17:00	<b>Back to Nature</b> <i>by Bart De Backer &amp; Nathan Pruvoost / BE</i>	A Terra	

ELYSIUM 17:00	<b>Siberian Aufguss</b>	Bavaria	
ELYSIUM 17:30	<b>Do not Forget</b> <i>by Andrei Șerban / RO</i>	Hollywood	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 18:00	<b>Kagura</b> <i>by Yujiro Otsuka / JP</i>	Amazon	
ELYSIUM 18:00	<b>Harriet Tubman</b> <i>by Andreea Broștiuc / RO</i>	Ad Astra	
ELYSIUM 18:00	<b>Mysterious Incense</b>	Alhambra	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>Magic Aufguss</b> <i>by Andrei Șerban / RO</i>	Bavaria	
ELYSIUM 19:00	<b>The 6<sup>th</sup> Day</b> <i>by Bart De Backer &amp; Nathan Pruvoost / BE</i>	Provence	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Romeo &amp; Juliet</b> <i>by Andrei Șerban &amp; Carmen Iacob / RO</i>	Ad Astra	
ELYSIUM 20:00	<b>Married at 18?</b> <i>by Andreea Broștiuc / RO</i>	Hollywood	
ELYSIUM 20:00	<b>Japan Travel</b> <i>by Nozomi Nagira / JP</i>	Alhambra	
GALAXY 20:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>The Path</b> <i>by Liviu Lubene / RO</i>	Provence	
ELYSIUM 21:00	<b>Simulation of a Broken Heart</b> <i>by Diana Boamfă / RO</i>	Bavaria	
ELYSIUM 21:30-22:00	<b>Spicy Infusion</b>	Alhambra	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Equilibrium</b>	Amazon	

ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Liquid Gold</b>	Provence	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
THE PALM 11:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 12:00	<b>Silk Road</b>	Alhambra	
GALAXY 12:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Herbarium Aufguss</b>	Bavaria	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 13:30-14:00	<b>Citrus Infusion</b>	Amazon	
ELYSIUM 13:30	<b>Unshakable</b> by Alexandra Dragomirescu & Diana Boamfă / RO	Provence	SAUNA 
ELYSIUM 14:00	<b>Japan Travel</b> by Nozomi Nagira / JP	Alhambra	SAUNA 
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 15:00	<b>The Path</b> by Liviu Lubene / RO	Provence	SAUNA 
ELYSIUM 15:30	<b>Refresh</b> by Marcel Hetzel / DE	Bavaria	SAUNA 
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 15:30-16:30	<b>Spice Bazaar</b>	Alhambra	
ELYSIUM 16:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 16:00	<b>Hear Me Now!</b> by Mihai Ciusă / RO	Hollywood	SAUNA 
ELYSIUM 16:00	<b>Journey to Italy</b> by Thomas Kartes / DE	Ad Astra	SAUNA 
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
GALAXY 16:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 17:00	<b>Matsuri</b> by Yujiro Otsuka & Nozomi Nagira / JP	Provence	SAUNA 
ELYSIUM 17:00	<b>Simulation of a Broken Heart</b> by Diana Boamfă / RO	Bavaria	SAUNA 

ELYSIUM 17:00	<b>Pure Nature</b> by Marcel Hetzel / DE	A Terra	SAUNA 
ELYSIUM 17:30	<b>Eschimoo</b> by Alexandra Drilea & Alex Hoge / RO	Hollywood	SAUNA 
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 18:00	<b>Harriet Tubman</b> by Andreea Broștiuc / RO	Ad Astra	SAUNA 
ELYSIUM 18:00	<b>Herbarium Aufguss</b>	Amazon	
ELYSIUM 18:00	<b>Mysterious Incense</b>	Alhambra	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>Black Forest</b> by Jennifer Mühl / DE	A Terra	SAUNA 
ELYSIUM 19:00	<b>Hot Stones</b> by Kevin Reuschling / DE	Bavaria	SAUNA 
ELYSIUM 19:00	<b>Asterix &amp; Obelix</b> by Ann-Cathrin Michel-Kartes & Thomas Kartes / DE	Provence	SAUNA 
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Feel It</b> by Marcel Hetzel / DE	Ad Astra	SAUNA 
ELYSIUM 20:00	<b>Angel in the Dark</b> by Andreea Broștiuc / RO	Hollywood	SAUNA 
ELYSIUM 20:00	<b>Shugendo Ritual</b> by Yujiro Otsuka & Nozomi Nagira / JP	Alhambra	SAUNA 
GALAXY 20:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>The Greatest Show</b> by Jennifer Mühl & Kevin Reuschling / DE	Provence	SAUNA 
ELYSIUM 21:00	<b>Magic Aufguss</b> by Andrei Șerban / RO	Bavaria	SAUNA 
ELYSIUM 21:30	<b>Clasic Meets Modern</b> by Ann-Cathrin Michel-Kartes / DE	Alhambra	SAUNA 
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Equilibrium</b>	Amazon	


















































ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>The Path</b> <i>by Liviu Lubene / RO</i>	Provence	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
THE PALM 11:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 12:00	<b>Classic Meets Modern</b> <i>by Ann-Cathrin Michel-Kartes / DE</i>	Alhambra	
GALAXY 12:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Herbarium Aufguss</b>	Bavaria	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 13:30	<b>Kagura</b> <i>by Yujiro Otsuka / JP</i>	Amazon	
ELYSIUM 13:30	<b>Slomotion</b> <i>by Kevin Reuschling / DE</i>	Provence	
ELYSIUM 14:00	<b>Breath and Movement</b> <i>by Jennifer Mühl / DE</i>	Alhambra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 15:00	<b>Asterix &amp; Obelix</b> <i>by Ann-Cathrin Michel-Kartes &amp; Thomas Kartes / DE</i>	Provence	
ELYSIUM 15:30	<b>Simulation of a Broken Heart</b> <i>by Diana Boamfă / RO</i>	Bavaria	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 15:30-16:30	<b>Spice Bazaar</b>	Alhambra	
ELYSIUM 16:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 16:00	<b>Feel It</b> <i>by Marcel Hetzel / DE</i>	Ad Astra	
ELYSIUM 16:00	<b>Radioactive</b> <i>by Mihai Ciusă / RO</i>	Hollywood	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
GALAXY 16:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 17:00	<b>Matsuri</b> <i>by Yujiro Otsuka &amp; Nozomi Nagira / JP</i>	Provence	
ELYSIUM 17:00	<b>Hot Stones</b> <i>by Kevin Reuschling / DE</i>	Bavaria	

ELYSIUM 17:00	<b>Banja Ritual</b> <i>by Thomas Kartes / DE</i>	A Terra	
ELYSIUM 17:30	<b>Married at 18?</b> <i>by Andreea Broștiuc / RO</i>	Hollywood	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 18:00	<b>Blondie</b> <i>by Carmen Iacob / RO</i>	Ad Astra	
ELYSIUM 18:00	<b>Herbarium Aufguss</b>	Amazon	
ELYSIUM 18:00	<b>The Wood Fairy</b> <i>by Ann-Cathrin Michel-Kartes / DE</i>	Alhambra	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>Pure Nature</b> <i>by Marcel Hetzel / DE</i>	A Terra	
ELYSIUM 19:00	<b>Precious Wood</b>	Bavaria	
ELYSIUM 19:00	<b>Unshakable</b> <i>by Alexandra Dragomirescu &amp; Diana Boamfă / RO</i>	Provence	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Journey to Italy</b> <i>by Thomas Kartes / DE</i>	Ad Astra	
ELYSIUM 20:00	<b>The Mask</b> <i>by Carmen Iacob &amp; Adrian Manolache / RO</i>	Hollywood	
ELYSIUM 20:00	<b>Shugendo Ritual</b> <i>by Yujiro Otsuka &amp; Nozomi Nagira / JP</i>	Alhambra	
GALAXY 20:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>The Greatest Show</b> <i>by Jennifer Mühl &amp; Kevin Reuschling / DE</i>	Provence	
ELYSIUM 21:00	<b>Refresh</b> <i>by Marcel Hetzel / DE</i>	Bavaria	
ELYSIUM 21:30-22:00	<b>Spicy Infusion</b>	Alhambra	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Equilibrium</b>	Amazon	



ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Liquid Gold</b>	Provence	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
THE PALM 11:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 12:00	<b>The Wood Fairy</b> by Ann-Cathrin Michel-Kartes / DE	Alhambra	SAUNA 
GALAXY 12:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Herbarium Aufguss</b>	Bavaria	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 13:30-14:00	<b>Citrus Infusion</b>	Amazon	
ELYSIUM 13:30-14:00	<b>Herbal Infusion</b>	Provence	
ELYSIUM 14:00	<b>Banja Ritual</b> by Thomas Kartes / DE	A Terra	SAUNA 
ELYSIUM 14:00	<b>Breath and Movement</b> by Jennifer Mühl / DE	Alhambra	SAUNA 
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 15:00	<b>A Family Curse</b> by Robin Lukassen / NL	Provence	SAUNA 
ELYSIUM 15:30	<b>Noroc</b> by Elena Balica & Carmen Iacob / RO	Bavaria	SAUNA 
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 15:30-16:30	<b>Spice Bazaar</b>	Alhambra	
ELYSIUM 16:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 16:00	<b>Journey to Italy</b> by Thomas Kartes / DE	Ad Astra	SAUNA 
ELYSIUM 16:00	<b>The Price of Immortality</b> by Ashley Fijma & Gideon Fijma / NL	Hollywood	SAUNA 
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
GALAXY 16:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 17:00	<b>The Greatest Show</b> by Jennifer Mühl & Kevin Reuschling / DE	Provence	SAUNA 

ELYSIUM 17:00	<b>La Casa de Papel</b> by Elena Balica & Rareș Matei / RO	Bavaria	SAUNA 
ELYSIUM 17:30	<b>Outlander</b> by Ashley Fijma & Robin Lukassen / NL	Hollywood	SAUNA 
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 18:00	<b>Candy Store</b> by Chantal Diesvelt / NL	Ad Astra	SAUNA 
ELYSIUM 18:00	<b>Herbarium Aufguss</b>	Amazon	
ELYSIUM 18:00	<b>Mysterious Incense</b>	Alhambra	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>Viking Meditation</b> by Gideon Fijma / NL	A Terra	SAUNA 
ELYSIUM 19:00	<b>Precious Wood</b>	Bavaria	
ELYSIUM 19:00	<b>Asterix &amp; Obelix</b> by Ann-Cathrin Michel-Kartes & Thomas Kartes / DE	Provence	SAUNA 
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Blondie</b> by Carmen Iacob / RO	Ad Astra	SAUNA 
ELYSIUM 20:00	<b>The Hustler</b> by Gideon Fijma / NL	Hollywood	SAUNA 
ELYSIUM 20:00	<b>Maur Saga</b>	Alhambra	
GALAXY 20:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Nea Marin Miliardar</b> by Rareș Matei / RO	Provence	SAUNA 
ELYSIUM 21:00	<b>Hot Stones</b> by Kevin Reuschling / DE	Bavaria	SAUNA 
ELYSIUM 21:30	<b>Classic Meets Modern</b> by Ann-Cathrin Michel-Kartes / DE	Alhambra	SAUNA 
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Equilibrium</b>	Amazon	



ELYSIUM 10:00	<b>Oriental Morning</b>	Alhambra	
ELYSIUM 10:30-11:00	<b>Herbal Infusion</b>	Amazon	
ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Arthur Guinness</b> <i>by Pavel Poliacek / UK</i>	Provence	
ELYSIUM 11:30-12:00	<b>Mint Infusion</b>	Bavaria	
ELYSIUM 11:30-12:00	<b>Spice Bazaar</b>	Alhambra	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 12:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 12:00	<b>Now and Then</b> <i>by Mihai Ciusă &amp; Rareș Matei / RO</i>	Hollywood	
THE PALM 12:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 12:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Rocky Mountains</b>	Bavaria	
ELYSIUM 13:00	<b>A Family Curse</b> <i>by Robin Lukassen / NL</i>	Provence	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 14:00	<b>Eschimoo</b> <i>by Alexandra Drilea &amp; Alex Hogeia / RO</i>	Hollywood	
ELYSIUM 14:00	<b>Citrus Breeze</b>	Amazon	
ELYSIUM 14:00	<b>Silk Road</b>	Alhambra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
GALAXY 14:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 15:00	<b>Magnesia</b>	Provence	
ELYSIUM 15:00	<b>Viking Meditation</b> <i>by Gideon Fijma / NL</i>	A Terra	
ELYSIUM 15:00	<b>Scandinavian Rain</b>	Bavaria	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	

ELYSIUM 16:00-16:30	<b>Spicy Infusion</b>	Alhambra	
ELYSIUM 16:00	<b>The Greatest Show Man</b> <i>by Pavel Poliacek / UK</i>	Ad Astra	
ELYSIUM 16:00	<b>Herbarium Aufguss</b>	Amazon	
ELYSIUM 16:00	<b>Radioactive</b> <i>by Mihai Ciusă / RO</i>	Hollywood	
GALAXY 16:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 17:00	<b>Siberian Aufguss</b>	Bavaria	
ELYSIUM 17:00	<b>Nea Marin Miliardar</b> <i>by Rareș Matei / RO</i>	Provence	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 17:30	<b>Darkones</b> <i>by Robin Lukassen &amp; Chantal Diesvelt / NL</i>	Hollywood	
ELYSIUM 18:00	<b>Music Box</b> <i>by Ashley Fijma / NL</i>	Ad Astra	
ELYSIUM 18:00	<b>Mystery Bazaar</b>	Alhambra	
ELYSIUM 18:00	<b>Essential Chill</b>	Amazon	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 18:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>The Hustler</b> <i>by Gideon Fijma / NL</i>	Provence	
ELYSIUM 19:00	<b>Heat &amp; Energy</b> <i>by Pavel Poliacek / UK</i>	Bavaria	
ELYSIUM 19:30	<b>Do not Forget</b> <i>by Andrei Șerban / RO</i>	Hollywood	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Mysterious Incense</b>	Alhambra	
ELYSIUM 20:00	<b>Candy Store</b> <i>by Chantal Diesvelt / NL</i>	Ad Astra	



# SAUNA FEST

Vineri / Friday

18 Oct.

ELYSIUM 20:00	<b>Italian Party</b> <i>by Alexia Edusi Mincone &amp; Matteo Mincone &amp; Luca Trovato / IT</i>	Amazon	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Lost Without You</b> <i>by Ashley Fijma / NL</i>	Provence	
ELYSIUM 21:00	<b>Magic Aufguss</b> <i>by Andrei Șerban / RO</i>	Bavaria	
ELYSIUM 21:30-22:00	<b>Mint Infusion</b>	Amazon	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Smoke Ritual</b> <i>by Matteo Mincone &amp; Luca Trovato / IT</i>	Alhambra	

# SAUNA FEST








Sâmbătă / Saturday

19 Oct.

ELYSIUM 10:00	<b>Oriental Morning</b>	Alhambra	
ELYSIUM 10:30-11:00	<b>Herbal Infusion</b>	Amazon	
ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>My Signature</b> <i>by Adrian Manolache / RO</i>	Provence	
ELYSIUM 11:30-12:00	<b>Mint Infusion</b>	Bavaria	
ELYSIUM 11:30	<b>Smoke Ritual</b> <i>by Matteo Mincone &amp; Luca Trovato / IT</i>	Alhambra	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 12:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 12:00	<b>Mama Mia!</b> <i>by Chantal Diesvelt &amp; Robin Lukassen &amp; Ashley Fijma / NL</i>	Hollywood	
THE PALM 12:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 12:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Rocky Mountains</b>	Bavaria	
ELYSIUM 13:00	<b>Arthur Guinness</b> <i>by Pavel Poljacek / UK</i>	Provence	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 14:00	<b>Feudal Japan</b> <i>by Alexia Edusi Mincone &amp; Luca Trovato / IT</i>	Hollywood	
ELYSIUM 14:00	<b>Viking Meditation</b> <i>by Gideon Fijma / NL</i>	A Terra	
ELYSIUM 14:00	<b>Gospodar fără pereche</b> <i>by Alexandra Dragomirescu &amp; Rareș Matei / RO</i>	Ad Astra	
ELYSIUM 14:00	<b>Citrus Breeze</b>	Amazon	
ELYSIUM 14:00	<b>Silk Road</b>	Alhambra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	





















I ♥ Sauna

Aufguss Infusion Scrub & Face Mask Water activities

GALAXY 14:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 15:00	<b>The Path</b> <i>by Liviu Lubene / RO</i>	Provence	
ELYSIUM 15:00	<b>Heat &amp; Energy</b> <i>by Pavel Poliacek / UK</i>	Bavaria	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 16:00-16:30	<b>Spicy Infusion</b>	Alhambra	
ELYSIUM 16:00	<b>Herbarium Aufguss</b>	Amazon	
ELYSIUM 16:00	<b>Candy Store</b> <i>by Chantal Diesvelt / NL</i>	Ad Astra	
ELYSIUM 16:00	<b>The Price of Immortality</b> <i>by Ashley Fijma &amp; Gideon Fijma / NL</i>	Hollywood	
GALAXY 16:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 17:00	<b>Magic Aufguss</b> <i>by Andrei Șerban / RO</i>	Bavaria	
ELYSIUM 17:00	<b>Herbarium Aufguss</b>	A Terra	
ELYSIUM 17:00	<b>Bonnie and Clyde</b> <i>by Alexia Edusi Mincone &amp; Matteo Mincone / IT</i>	Provence	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 17:30	<b>Married at 18?</b> <i>by Andreea Broștiuc / RO</i>	Hollywood	
ELYSIUM 18:00	<b>The Greatest Show Man</b> <i>by Pavel Poliacek / UK</i>	Ad Astra	
ELYSIUM 18:00	<b>Mystery Bazaar</b>	Alhambra	
ELYSIUM 18:00	<b>Essential Chill</b>	Amazon	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 18:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>The Hustler</b> <i>by Gideon Fijma / NL</i>	Provence	
ELYSIUM 19:00	<b>Herbarium Aufguss</b>	A Terra	

ELYSIUM 19:00	<b>Precious Wood</b>	Bavaria	
ELYSIUM 19:30	<b>Darkones</b> <i>by Robin Lukassen &amp; Chantal Diesvelt / NL</i>	Hollywood	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Mysterious Incense</b>	Alhambra	
ELYSIUM 20:00	<b>Harriet Tubman</b> <i>by Andreea Broștiuc / RO</i>	Ad Astra	
ELYSIUM 20:00	<b>Italian Party</b> <i>by Alexia Edusi Mincone &amp; Matteo Mincone &amp; Luca Trovato / IT</i>	Amazon	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Lost Without You</b> <i>by Ashley Fijma / NL</i>	Provence	
ELYSIUM 21:00	<b>Herbarium Aufguss</b>	Bavaria	
ELYSIUM 21:30-22:00	<b>Mint Infusion</b>	Amazon	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Maur Saga</b>	Alhambra	

I ♥ Sauna

ELYSIUM 10:00	<b>Oriental Morning</b>	Alhambra	
ELYSIUM 10:30-11:00	<b>Herbal Infusion</b>	Amazon	
ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Bonnie and Clyde</b> <i>by Alexia Edusi Mincone &amp; Matteo Mincone / IT</i>	Provence	SAUNA 
ELYSIUM 11:30	<b>Heat &amp; Energy</b> <i>by Pavel Poliacek / UK</i>	Bavaria	SAUNA 
ELYSIUM 11:30-12:30	<b>Spice Bazaar</b>	Alhambra	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 12:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 12:00	<b>Angel in the Dark</b> <i>by Andreea Broștiuc / RO</i>	Hollywood	SAUNA 
THE PALM 12:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 12:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Path to Valhalla</b> <i>by Karl-Peeter Kangur / EE</i>	Bavaria	SAUNA 
ELYSIUM 13:00	<b>Everything is Possible</b> <i>by Kaupo Sõrmus / EE</i>	Provence	SAUNA 
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 14:00	<b>Married at 18?</b> <i>by Andreea Broștiuc / RO</i>	Hollywood	SAUNA 
ELYSIUM 14:00	<b>Citrus Breeze</b>	Amazon	
ELYSIUM 14:00	<b>Smoke Ritual</b> <i>by Matteo Mincone &amp; Luca Trovato / IT</i>	Alhambra	SAUNA 
ELYSIUM 14:00	<b>Herbarium Aufguss</b>	A Terra	
ELYSIUM 14:00	<b>The Greatest Show Man</b> <i>by Pavel Poliacek / UK</i>	Ad Astra	SAUNA 
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
GALAXY 14:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 15:00	<b>Nea Marin Miliardar</b> <i>by Rareș Matei / RO</i>	Provence	SAUNA 



ELYSIUM 15:00	<b>Magic Aufguss</b> <i>by Andrei Șerban / RO</i>	Bavaria	SAUNA 
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 16:00-16:30	<b>Spicy Infusion</b>	Alhambra	
ELYSIUM 16:00	<b>Herbarium Aufguss</b>	Amazon	
ELYSIUM 16:00	<b>Feudal Japan</b> <i>by Alexia Edusi Mincone &amp; Luca Trovato / IT</i>	Hollywood	SAUNA 
ELYSIUM 16:00	<b>Don't Stop Me Now</b> <i>by Dario Simunovic / DK</i>	Ad Astra	SAUNA 
GALAXY 16:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 17:00	<b>Siberian Aufguss</b>	Bavaria	
ELYSIUM 17:00	<b>Arthur Guinness</b> <i>by Pavel Poliacek / UK</i>	Provence	SAUNA 
ELYSIUM 17:00	<b>Connection with One's Self</b> <i>by Karl-Peeter Kangur &amp; Kaupo Sõrmus / EE</i>	A Terra	SAUNA 
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 17:30	<b>Do not Forget</b> <i>by Andrei Șerban / RO</i>	Hollywood	SAUNA 
ELYSIUM 18:00	<b>Gospodar fără pereche</b> <i>by Alexandra Dragomirescu &amp; Rareș Matei / RO</i>	Ad Astra	SAUNA 
ELYSIUM 18:00	<b>Mystery Bazaar</b>	Alhambra	
ELYSIUM 18:00	<b>Italian Party</b> <i>by Alexia Edusi Mincone &amp; Matteo Mincone &amp; Luca Trovato / IT</i>	Amazon	SAUNA 
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 18:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>Harmonic Resonance</b> <i>by Dario Simunovic / DK</i>	Provence	SAUNA 



# SAUNA FEST

Duminică / Sunday

20 Oct.

ELYSIUM 19:00	<b>Simulation of a Broken Heart</b> <i>by Diana Boamă / RO</i>	Bavaria	
ELYSIUM 19:00	<b>Herbarium Aufguss</b>	A Terra	
ELYSIUM 19:30-20:00	<b>Citrus Infusion</b>	Hollywood	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Mysterious Incense</b>	Alhambra	
ELYSIUM 20:00	<b>Equilibrium</b>	Amazon	
ELYSIUM 20:00	<b>Release Your Inner Child</b> <i>by Karl-Peeter Kangur &amp; Kaupo Sõrmus / EE</i>	Ad Astra	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Psicostasia</b> <i>by Alexia Edusi Mincone / IT</i>	Provence	
ELYSIUM 21:00	<b>Herbarium Aufguss</b>	Bavaria	
ELYSIUM 21:30-22:00	<b>Mint Infusion</b>	Amazon	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Maur Saga</b>	Alhambra	

# SAUNA Fest

SĂPTĂMÎNA 3  
WEEK 3

21-27 Oct.

I  Sauna



# SĂPTĂMÂNA 3 21-27 Oct.

## WEEK 3



### Romania



#### Andrei Șerban

- *Magic Aufguss*
- *Do Not Forget*
- *Star de cinema*



#### Diana Boamfă

- *Simulation of a Broken Heart*



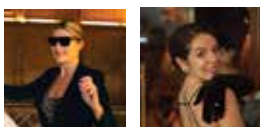
#### Andreea Broștiuc

- *Harriet Tubman*
- *Married at 18?*
- *Angel in the Dark*



#### Adrian Manolache

- *My Signature*



#### Alexandra Dragomirescu & Diana Boamfă

- *Unshakable*



#### Elena Balica & Carmen Iacob

- *Noroc*
- *2<sup>nd</sup> Chance*



#### Alexandra Drilea & Alexandru Hoge

- *Eschimoo*



#### Elena Balica & Rareș Matei

- *La Casa de Papel*



#### Liviu Lubene

- *The Path*



#### Mihai Ciusă

- *Hear Me Now!*
- *Radioactive*

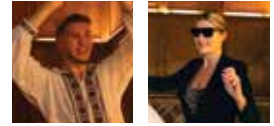


### Romania



#### Rareș Matei

- *Nea Marin Miliardar*



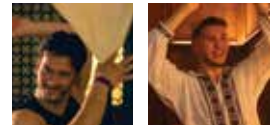
#### Rareș Matei & Alexandra Dragomirescu

- *Gospodar fără pereche*



#### Elena Balica

- *The First Date*



#### Mihai Ciusă & Rareș Matei

- *Now and Then*



#### Bogdan Albu

- *2000's / 1990's*
- *Flow Motion*
- *Nordic Folk*



### Romania & Hungary



#### Elena Balica & Jozsef Zsiga

- *Blind Love*



### Estonia



#### Karl-Peeter Kangur

- *Path to Valhalla*



#### Kaupo Sõrmus

- *Everything is Possible*



#### Karl-Peeter Kangur & Kaupo Sõrmus

- *Connection with One's Self*
- *Release your Inner Child*

# SĂPTĂMÂNA 3 21-27 Oct.

## WEEK 3

### Canada



#### Unbounded

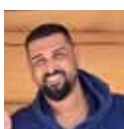
- *Break the Ice*
- *Weather The Storm*
- *Immersive Sound*

### Germany – Team Erding



#### Darnell Memed

- *A Pirates Story*
- *Be Yourself*



#### Aymen Jarboua

- *Animateur on Fire*



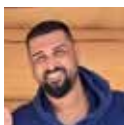
#### Florian Koenig

- *Me and My Mask*
- *Story for the Parents*



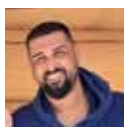
#### Edison Cenaj & Florian Koenig

- *Two Can't Be Stopped*



#### Aymen Jarboua & Edison Cenaj

- *Queen*
- *Narkos*



#### Team Erding: Florian Koenig & Edison Cenaj & Darnell Memed & Aymen Jarboua

- *Bavarian Party*

### Denmark



#### Dario Simunovic

- *Don't Stop Me Now*
- *Harmonic Resonance*



#### Ludibeth Aalborg

- *Yusuke's Awakening*



#### Ludibeth Aalborg & Dario Simunovic

- *Herbal Sanctuary*

### Slovakia



#### Matej Brtko

- *When AI Gets Human Feelings*



#### Marek Homza

- *(Un)Talent*



#### Martin Segiň

- *Coco*
- *The True Story of a Bully Boy*



#### Matej Brtko & Marek Homza

- *Last Drop*
- *Rasta Rockett*



#### Martin Segiň, Marek Homza, Matej Brtko

- *Banya From Us*

# SĂPTĂMÎNA 3 21-27 Oct.

## WEEK 3



### Poland



#### Lukasz Dluzniewski

- *Aurora*
- *Harmony*
- *Sadhu*
- *Reiwa*



### United Kingdom



#### Dan Lawson

- *The Journey of Boris*
- *Popstar*
- *Sing with me!*



#### Jena Robinson

- *The Great Pretender*
- *Alice in Wonderland*



#### Charlie Bannister

- *Our Natural World*
- *Honeymoon*
- *Reggae: The Heart of Jamaica*



#### Hannah Goodger

- *Ritual of the Venik*
- *Love Story*



### Hungary



#### Jozsef Zsiga

- *Back to the Future*
- *80s Breakfast TV Fitness*
- *Rocky Balboa*



### Czech Republic



#### Barbora Brožová

- *Between Light and Shadows*
- *Freestyle*
- *Symphony of a Memory*



#### Jan Jakub Baroň

- *Freestyle*
- *Medieval*
- *An Unexpected Journey*



### Slovenia – Savna Mojstri Slovenije



#### Gašper Krivec

- *Pablo In Colombia*
- *Peaky Blinders*



#### Žiga Kodrič

- *Nox Aeterna*
- *Scale Of Anubis*
- *Odin's Fury*



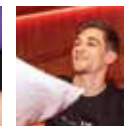
#### Nik Reberšek

- *Bohemian Rhapsody*
- *The Last Samurai*



#### Žan Harapin

- *Love Story*
- *Pirate Story*



#### Gašper Krivec & Žiga Kodrič & Žan Harapin & Nik Reberšek

- *Slovenian Express*























### USA



#### Jobi Manson

- *Safari*

ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Liquid Gold</b>	Provence	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
THE PALM 11:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 12:00	<b>Silk Road</b>	Alhambra	
GALAXY 12:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Break the Ice</b> <i>by Unbounded / CAN</i> <i>Ice Bathing</i>	Hollywood	
ELYSIUM 13:00	<b>Path to Valhalla</b> <i>by Karl-Peeter Kangur / EE</i>	Bavaria	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 13:30-14:00	<b>Citrus Infusion</b>	Amazon	
ELYSIUM 13:30	<b>Harmonic Resonance</b> <i>by Dario Simunovic / DK</i>	Provence	
ELYSIUM 14:00	<b>Oriental Time</b>	Alhambra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 15:00	<b>Everything is Possible</b> <i>by Kaupo Sõrmus / EE</i>	Provence	
ELYSIUM 15:00	<b>The World of Maya</b> <i>by Ludibeth Aalborg / DK</i>	A Terra	
ELYSIUM 15:30-16:00	<b>Woody Infusion</b>	Bavaria	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 15:30-16:30	<b>Spice Bazaar</b>	Alhambra	
ELYSIUM 16:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 16:00	<b>Two Can't be Stopped</b> <i>by Edison Cenaj &amp; Florian Koenig / DE</i>	Ad Astra	
ELYSIUM 16:00	<b>Angel in the Dark</b> <i>by Andreea Broștiuc / RO</i>	Hollywood	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
GALAXY 16:30	<b>Herbal Scrub</b>	Herbal Essences	

ELYSIUM 17:00	<b>A Pirates Story</b> <i>by Darnell Memed / DE</i>	Provence	
ELYSIUM 17:00	<b>Animateur on Fire</b> <i>by Aymen Jarboua / DE</i>	Bavaria	
ELYSIUM 17:30	<b>Weather The Storm</b> <i>by Unbounded / CAN</i> <i>Ice Bathing</i>	Hollywood	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 18:00	<b>Me and My Mask</b> <i>by Florian Koenig / DE</i>	Amazon	
ELYSIUM 18:00	<b>Mysterious Incense</b>	Alhambra	
ELYSIUM 18:00	<b>Queen</b> <i>by Aymen Jarboua &amp; Edison Cenaj / DE</i>	Ad Astra	
ELYSIUM 18:00	<b>Connection with One's Self</b> <i>by Karl-Peeter Kangur &amp; Kaupo Sõrmus / EE</i>	A Terra	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 18:30	<b>Immersive Sound</b> <i>by Unbounded / CAN</i> <i>Ice Bathing</i>	Hollywood	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>Magic Aufguss</b> <i>by Andrei Șerban / RO</i>	Bavaria	
ELYSIUM 19:00	<b>Story for the Parents</b> <i>by Florian Koenig / DE</i>	Provence	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Herbal Sanctuary</b> <i>by Ludibeth Aalborg &amp; Dario Simunovic / DK</i>	A Terra	
ELYSIUM 20:00	<b>Do not Forget</b> <i>by Andrei Șerban / RO</i>	Hollywood	
ELYSIUM 20:00	<b>Release Your Inner Child</b> <i>by Karl-Peeter Kangur &amp; Kaupo Sõrmus / EE</i>	Ad Astra	
ELYSIUM 20:00	<b>Maur Saga</b>	Alhambra	
GALAXY 20:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	

# SAUNA FEST

Luni / Monday

21 Oct.

ELYSIUM 21:00	<b>Unshakable</b> by Alexandra Dragomirescu & Diana Boamfă / RO	Provence	
ELYSIUM 21:00	<b>Bavarian Party</b> by Team Erding / DE	Bavaria	
ELYSIUM 21:30	<b>Yusuke's Awakening</b> by Ludibeth Aalborg / DK	Alhambra	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Equilibrium</b>	Amazon	

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# SAUNA FEST

Marti / Tuesday

22 Oct.

ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Story for the Parents</b> by Florian Koenig / DE	Provence	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
THE PALM 11:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 12:00	<b>Yusuke's Awakening</b> by Ludibeth Aalborg / DK	Alhambra	
GALAXY 12:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Animateur on Fire</b> by Aymen Jarboua / DE	Bavaria	
ELYSIUM 13:00	<b>Break the Ice</b> by Unbounded / CAN Ice Bathing	Hollywood	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 13:30	<b>Me and My Mask</b> by Florian Koenig / DE	Amazon	
ELYSIUM 13:30	<b>Everything is Possible</b> by Kaupo Sörmus / EE	Provence	
ELYSIUM 14:00	<b>Aurora</b> by Lukasz Dluzniewski / PL	Ad Astra	
ELYSIUM 14:00	<b>Oriental Time</b>	Alhambra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 15:00	<b>A Pirates Story</b> by Darnell Memed / DE	Provence	
ELYSIUM 15:00	<b>Herbal Sanctuary</b> by Ludibeth Aalborg & Dario Simunovic / DK	A Terra	
ELYSIUM 15:30	<b>Path to Valhalla</b> by Karl-Peeter Kangur / EE	Bavaria	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 15:30	<b>Harmony</b> by Lukasz Dluzniewski / PL	Alhambra	
ELYSIUM 16:00	<b>Fruity Ice</b>	Amazon	
























Aufguss Infusion Scrub & Face Mask Water activities




















ELYSIUM 16:00	<b>2<sup>nd</sup> Chance</b> <i>by Elena Balica &amp; Carmen Iacob / RO</i>	Hollywood	SAUNA 
ELYSIUM 16:00	<b>Queen</b> <i>by Aymen Jarboua &amp; Edison Cenaj / DE</i>	Ad Astra	SAUNA 
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
GALAXY 16:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 17:00	<b>Harmonic Resonance</b> <i>by Dario Simunovic / DK</i>	Provence	SAUNA 
ELYSIUM 17:00	<b>Simulation of a Broken Heart</b> <i>by Diana Boamfă / RO</i>	Bavaria	SAUNA 
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 17:30	<b>Weather The Storm</b> <i>by Unbounded / CAN Ice Bathing</i>	Hollywood	SAUNA 
ELYSIUM 18:00	<b>Herbarium Aufguss</b>	Amazon	
ELYSIUM 18:00	<b>Mysterious Incense</b>	Alhambra	
ELYSIUM 18:00	<b>Be Yourself</b> <i>by Darnell Memed / DE</i>	Ad Astra	SAUNA 
ELYSIUM 18:00	<b>Connection with One's Self</b> <i>by Karl-Peeter Kangur &amp; Kaupo Sõrmus / EE</i>	A Terra	SAUNA 
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 18:30	<b>Immersive Sound</b> <i>by Unbounded / CAN Ice Bathing</i>	Hollywood	SAUNA 
ELYSIUM 19:00	<b>Noroc</b> <i>by Elena Balica &amp; Carmen Iacob / RO</i>	Bavaria	SAUNA 
ELYSIUM 19:00	<b>Sadhu</b> <i>by Lukasz Druzniowski / PL</i>	Provence	SAUNA 
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Narkos</b> <i>by Aymen Jarboua &amp; Edison Cenaj / DE</i>	Hollywood	SAUNA 
ELYSIUM 20:00	<b>Maur Saga</b>	Alhambra	

ELYSIUM 20:00	<b>The World of Maya</b> <i>by Ludibeth Aalborg / DK</i>	A Terra	SAUNA 
ELYSIUM 20:00	<b>Release Your Inner Child</b> <i>by Karl-Peeter Kangur &amp; Kaupo Sõrmus / EE</i>	Ad Astra	SAUNA 
GALAXY 20:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Don't Stop Me Now</b> <i>by Dario Simunovic / DK</i>	Provence	SAUNA 
ELYSIUM 21:00	<b>Bavarian Party</b> <i>by Team Erding / DE</i>	Bavaria	SAUNA 
ELYSIUM 21:30-22:00	<b>Spicy Infusion</b>	Alhambra	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Equilibrium</b>	Amazon	

I ♥ Sauna



ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Harmonic Resonance</b> <i>by Dario Simunovic / DK</i>	Provence	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
THE PALM 11:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 12:00	<b>Harmony</b> <i>by Lukasz Dluzniewski / PL</i>	Alhambra	
GALAXY 12:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Herbarium Aufguss</b>	Bavaria	
ELYSIUM 13:00	<b>Break the Ice</b> <i>by Unbounded / CAN</i> Ice Bathing	Hollywood	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 13:30-14:00	<b>Citrus Infusion</b>	Amazon	
ELYSIUM 13:30-14:00	<b>Herbal Infusion</b>	Provence	
ELYSIUM 14:00	<b>Oriental Time</b>	Alhambra	
ELYSIUM 14:00	<b>2000's / 1990's</b> <i>by Bogdan Albu / RO</i>	Ad Astra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 15:00	<b>Sadhu</b> <i>by Lukasz Dluzniewski / PL</i>	Provence	
ELYSIUM 15:00	<b>The World of Maya</b> <i>by Ludibeth Aalborg / DK</i>	A Terra	
ELYSIUM 15:30-16:00	<b>Woody Infusion</b>	Bavaria	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 15:30-16:30	<b>Spice Bazaar</b>	Alhambra	
ELYSIUM 16:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 16:00	<b>Eschimoo</b> <i>by Alexandra Drilea &amp; Alex Hogeia / RO</i>	Hollywood	
ELYSIUM 16:00	<b>Last Drop</b> <i>by Matej Brtko &amp; Marek Homza / SK</i>	Ad Astra	







ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
GALAXY 16:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 17:00	<b>Coco</b> <i>by Martin Segiň / SK</i>	Provence	
ELYSIUM 17:00	<b>Noroc</b> <i>by Elena Balica &amp; Carmen Iacob / RO</i>	Bavaria	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 17:30	<b>Weather The Storm</b> <i>by Unbounded / CAN</i> Ice Bathing	Hollywood	
ELYSIUM 18:00	<b>Flow Motion</b> <i>by Bogdan Albu / RO</i>	Amazon	
ELYSIUM 18:00	<b>Mysterious Incense</b>	Alhambra	
ELYSIUM 18:00	<b>Aurora</b> <i>by Lukasz Dluzniewski / PL</i>	Ad Astra	
ELYSIUM 18:00	<b>Herbal Sanctuary</b> <i>by Ludibeth Aalborg &amp; Dario Simunovic / DK</i>	A Terra	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 18:30	<b>Immersive Sound</b> <i>by Unbounded / CAN</i> Ice Bathing	Hollywood	
ELYSIUM 19:00	<b>Precious Wood</b>	Bavaria	
ELYSIUM 19:00	<b>Minty Exploration</b>	Provence	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Hear Me Now!</b> <i>by Mihai Ciusă / RO</i>	Hollywood	
ELYSIUM 20:00	<b>Maur Saga</b>	Alhambra	
ELYSIUM 20:00	<b>Banya from Us</b> <i>by Martin Segiň &amp; Marek Homza &amp; Matej Brtko / SK</i>	A Terra	
ELYSIUM 20:00	<b>Reiwa</b> <i>by Lukasz Dluzniewski / PL</i>	Ad Astra	
GALAXY 20:30	<b>Oriental Scrub</b>	Oriental Garden	



# SAUNA FEST

Miercuri / Wednesday

23 Oct.

ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Don't Stop Me Now</b> <i>by Dario Simunovic / DK</i>	Provence	
ELYSIUM 21:00	<b>Nordic Folk</b> <i>by Bogdan Albu / RO</i>	Bavaria	
ELYSIUM 21:30	<b>Yusuke's Awakening</b> <i>by Ludibeth Aalborg / DK</i>	Alhambra	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Equilibrium</b>	Amazon	

# SAUNA FEST

Joi / Thursday

24 Oct.



ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>When AI Gets Human Feelings</b> <i>by Matej Brtko / SK</i>	Provence	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
THE PALM 11:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 12:00	<b>Silk Road</b>	Alhambra	
GALAXY 12:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Herbarium Aufguss</b>	Bavaria	
ELYSIUM 13:00	<b>Break the Ice</b> <i>by Unbounded / CAN</i> <i>Ice Bathing</i>	Hollywood	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 13:30-14:00	<b>Citrus Infusion</b>	Amazon	
ELYSIUM 13:30	<b>The Journey of Boris</b> <i>by Dan Lawson / UK</i>	Provence	
ELYSIUM 14:00	<b>Oriental Time</b>	Alhambra	
ELYSIUM 14:00	<b>2000's / 1990's</b> <i>by Bogdan Albu / RO</i>	Ad Astra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 15:00	<b>Coco</b> <i>by Martin Segiň / SK</i>	Provence	
ELYSIUM 15:00	<b>Freestyle</b> <i>by Barbora Brožová / CZ</i>	A Terra	
ELYSIUM 15:30	<b>Freestyle</b> <i>by Jan Jakub Baroň / CZ</i>	Bavaria	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 15:30	<b>The Great Pretender</b> <i>by Jena Robinson / UK</i>	Alhambra	
ELYSIUM 16:00	<b>Popstar</b> <i>by Dan Lawson / UK</i>	Amazon	





















I ♥ Sauna

ELYSIUM 16:00	<b>Back to the Future</b> <i>by Jozsef Zsiga / HU</i>	Hollywood	SAUNA 
ELYSIUM 16:00	<b>Rasta Rockett</b> <i>by Matej Brtko &amp; Marek Homza / SK</i>	Ad Astra	SAUNA 
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
GALAXY 16:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 17:00	<b>Nea Marin Miliardar</b> <i>by Rareş Matei / RO</i>	Provence	SAUNA 
ELYSIUM 17:00	<b>Nordic Folk</b> <i>by Bogdan Albu / RO</i>	Bavaria	SAUNA 
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 17:30	<b>Weather The Storm</b> <i>by Unbounded / CAN</i> <i>Ice Bathing</i>	Hollywood	SAUNA 
ELYSIUM 18:00	<b>Herbarium Aufguss</b>	Amazon	
ELYSIUM 18:00	<b>Alice in Wonderland</b> <i>by Jena Robinson / UK</i>	Alhambra	SAUNA 
ELYSIUM 18:00	<b>The True Story of a Bully Boy</b> <i>by Martin Segiň / SK</i>	Ad Astra	SAUNA 
ELYSIUM 18:00	<b>Our Natural World</b> <i>by Charlie Bannister / UK</i>	A Terra	SAUNA 
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 18:30	<b>Immersive Sound</b> <i>by Unbounded / CAN</i> <i>Ice Bathing</i>	Hollywood	SAUNA 
ELYSIUM 19:00	<b>Medieval</b> <i>by Jan Jakub Baroň / CZ</i>	Bavaria	SAUNA 
ELYSIUM 19:00	<b>80s Breakfast TV Fitness</b> <i>by Jozsef Zsiga / HU</i>	Provence	SAUNA 
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Blossom</b>	Hollywood	
ELYSIUM 20:00	<b>Honeymoon</b> <i>by Charlie Bannister / UK</i>	Alhambra	SAUNA 

ELYSIUM 20:00	<b>Ritual of the Venik</b> <i>by Hannah Goodger / UK</i>	A Terra	SAUNA 
ELYSIUM 20:00	<b>Last Drop</b> <i>by Matej Brtko &amp; Marek Homza / SK</i>	Ad Astra	SAUNA 
GALAXY 20:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Between Light and Shadows</b> <i>by Barbora Brožová / CZ</i>	Provence	SAUNA 
ELYSIUM 21:00	<b>Magic Aufguss</b> <i>by Andrei Şerban / RO</i>	Bavaria	SAUNA 
ELYSIUM 21:30	<b>Love Story</b> <i>by Hannah Goodger / UK</i>	Alhambra	SAUNA 
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 22:00	<b>Flow Motion</b> <i>by Bogdan Albu / RO</i>	Amazon	SAUNA 

I ♥ Sauna

ELYSIUM 10:00	<b>Alice in Wonderland</b> <i>by Jena Robinson / UK</i>	Alhambra	SAUNA 
ELYSIUM 10:30	<b>Rocky Balboa</b> <i>by Jozsef Zsiga / HU</i>	Ad Astra	SAUNA 
ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>Coco</b> <i>by Martin Segiň / SK</i>	Provence	SAUNA 
ELYSIUM 11:00	<b>Sefari</b> <i>by Jobi Manson / USA</i>	A Terra	SAUNA 
ELYSIUM 11:30	<b>Nox Aeterna</b> <i>by Žiga Kodrič / SL</i>	Bavaria	SAUNA 
ELYSIUM 11:30	<b>Reggae: The Heart of Jamaica</b> <i>by Charlie Bannister / UK</i>	Alhambra	SAUNA 
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 12:00	<b>Flow Motion</b> <i>by Bogdan Albu / RO</i>	Amazon	SAUNA 
ELYSIUM 12:00	<b>An Unexpected Journey</b> <i>by Jan Jakub Baroň / GZ</i>	Ad Astra	SAUNA 
ELYSIUM 12:00	<b>Bohemian Rhapsody</b> <i>by Nik Reberšek / SL</i>	Hollywood	SAUNA 
THE PALM 12:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 12:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Pablo in Colombia</b> <i>by Gašper Krivec / SL</i>	Bavaria	SAUNA 
ELYSIUM 13:00	<b>When AI Gets Human Feelings</b> <i>by Matej Brtko / SK</i>	Provence	SAUNA 
ELYSIUM 13:00	<b>Break the Ice</b> <i>by Unbounded / CAN</i> Ice Bathing	Hollywood	SAUNA 
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 14:00	<b>Scale of Anubis</b> <i>by Žiga Kodrič / SL</i>	Hollywood	SAUNA 
ELYSIUM 14:00	<b>Popstar</b> <i>by Dan Lawson / UK</i>	Amazon	SAUNA 
ELYSIUM 14:00	<b>The Great Pretender</b> <i>by Jena Robinson / UK</i>	Alhambra	SAUNA 

ELYSIUM 14:00	<b>The True Story of a Bully Boy</b> <i>by Martin Segiň / SK</i>	Ad Astra	SAUNA 
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
GALAXY 14:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 15:00	<b>Between Light and Shadows</b> <i>by Barbora Brožová / CZ</i>	Provence	SAUNA 
ELYSIUM 15:00	<b>Nordic Folk</b> <i>by Bogdan Albu / RO</i>	Bavaria	SAUNA 
ELYSIUM 15:00	<b>Our Natural World</b> <i>by Charlie Bannister / UK</i>	A Terra	SAUNA 
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 16:00	<b>Sing with Me!</b> <i>by Dan Lawson / UK</i>	Alhambra	SAUNA 
ELYSIUM 16:00	<b>Slovenian Express</b> <i>by Gašper Krivec &amp; Žiga Kodrič &amp; Zan &amp; Nik Reberšek / SL</i>	Amazon	SAUNA 
ELYSIUM 16:00	<b>Back to the Future</b> <i>by Jozsef Zsiga / HU</i>	Hollywood	SAUNA 
ELYSIUM 16:00	<b>Last Drop</b> <i>by Matej Brtko &amp; Marek Homza / SK</i>	Ad Astra	SAUNA 
GALAXY 16:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 17:00	<b>Medieval</b> <i>by Jan Jakub Baroň / CZ</i>	Bavaria	SAUNA 
ELYSIUM 17:00	<b>The Last Samurai</b> <i>by Nik Reberšek / SL</i>	Provence	SAUNA 
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 17:30	<b>Weather The Storm</b> <i>by Unbounded / CAN</i> Ice Bathing	Hollywood	SAUNA 
ELYSIUM 18:00	<b>Love Story</b> <i>by Žan Harapin / SL</i>	Alhambra	SAUNA 
ELYSIUM 18:00	<b>Odin's Fury</b> <i>by Žiga Kodrič / SL</i>	Amazon	SAUNA 
ELYSIUM 18:00	<b>Symphony of a Memory</b> <i>by Barbora Brožová / CZ</i>	Ad Astra	SAUNA 

# SAUNA FEST

Vineri / Friday

25 Oct.

ELYSIUM 18:00	<b>Banya by Us</b> <i>by Martin Segiň &amp; Matej Brtko &amp; Marek Homza / SK</i>	A Terra	SAUNA
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 18:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 18:30	<b>Immersive Sound</b> <i>by Unbounded / CAN</i> <i>Ice Bathing</i>	Hollywood	SAUNA
ELYSIUM 19:00	<b>80s Breakfast TV Fitness</b> <i>by Jozsef Zsiga / HU</i>	Provence	SAUNA
ELYSIUM 19:00	<b>Simulation of a Broken Heart</b> <i>by Diana Boamfă / RO</i>	Bavaria	SAUNA
ELYSIUM 19:30	<b>Married at 18?</b> <i>by Andreea Broștiuc / RO</i>	Hollywood	SAUNA
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Honeymoon</b> <i>by Charlie Bannister / UK</i>	Alhambra	SAUNA
ELYSIUM 20:00	<b>Freestyle</b> <i>by Barbora Brožová / CZ</i>	Amazon	SAUNA
ELYSIUM 20:00	<b>Ritual of the Venik</b> <i>by Hannah Goodger / UK</i>	A Terra	SAUNA
ELYSIUM 20:00	<b>Rasta Rockett</b> <i>by Matej Brtko &amp; Marek Homza / SK</i>	Ad Astra	SAUNA
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Pirate Story</b> <i>by Žan Harapin / SL</i>	Provence	SAUNA
ELYSIUM 21:00	<b>Magic Aufguss</b> <i>by Andrei Șerban / RO</i>	Bavaria	SAUNA
ELYSIUM 21:30	<b>Sefari</b> <i>by Jobi Manson / USA</i>	A Terra	SAUNA
ELYSIUM 21:30	<b>Freestyle</b> <i>by Jan Jakub Baroň / CZ</i>	Amazon	SAUNA
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 21:30	<b>Peaky Blinders</b> <i>by Gašper Krivec / SL</i>	Hollywood	SAUNA
ELYSIUM 22:00	<b>Love Story</b> <i>by Hannah Goodger / UK</i>	Alhambra	SAUNA

# SAUNA FEST











Sâmbătă / Saturday

26 Oct.

ELYSIUM 10:00	<b>Love Story</b> <i>by Hannah Goodger / UK</i>	Alhambra	SAUNA
ELYSIUM 10:30	<b>Freestyle</b> <i>by Barbora Brožová / CZ</i>	Amazon	SAUNA
ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 10:30	<b>The True Story of a Bully Boy</b> <i>by Martin Segiň / SK</i>	Ad Astra	SAUNA
ELYSIUM 11:00	<b>Pirate Story</b> <i>by Žan Harapin / SL</i>	Provence	SAUNA
ELYSIUM 11:00	<b>Sefari</b> <i>by Jobi Manson / USA</i>	A Terra	SAUNA
ELYSIUM 11:30	<b>Pablo in Colombia</b> <i>by Gašper Krivec / SL</i>	Bavaria	SAUNA
ELYSIUM 11:30	<b>Alice in Wonderland</b> <i>by Jena Robinson / UK</i>	Alhambra	SAUNA
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 12:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 12:00	<b>Bohemian Rhapsody</b> <i>by Nik Reberšek / SL</i>	Hollywood	SAUNA
ELYSIUM 12:00	<b>Rasta Rockett</b> <i>by Matej Brtko &amp; Marek Homza / SK</i>	Ad Astra	SAUNA
THE PALM 12:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 12:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Ritual of the Venik</b> <i>by Hannah Goodger / UK</i>	A Terra	SAUNA
ELYSIUM 13:00	<b>Nox Aeterna</b> <i>by Žiga Kodrič / SL</i>	Bavaria	SAUNA
ELYSIUM 13:00	<b>Between Light and Shadows</b> <i>by Barbora Brožová / CZ</i>	Provence	SAUNA
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 14:00	<b>Peaky Blinders</b> <i>by Gašper Krivec / SL</i>	Hollywood	SAUNA

Aufguss Infusion Scrub & Face Mask Water activities

ELYSIUM 14:00	<b>Citrus Breeze</b>	Amazon	
ELYSIUM 14:00	<b>Love Story</b> by Žan Harapin / SL	Alhambra	
ELYSIUM 14:00	<b>An Unexpected Journey</b> by Jan Jakub Baroň / CZ	Ad Astra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
GALAXY 14:30	<b>Oriental Scrub</b>	Oriental Garden	
ELYSIUM 15:00	<b>When AI Gets Human Feelings</b> by Matej Brtko / SK	Provence	
ELYSIUM 15:00	<b>Scandinavian Rain</b>	Bavaria	
ELYSIUM 15:00	<b>Our Natural World</b> by Charlie Bannister / UK	A Terra	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 16:00	<b>The Great Pretender</b> by Jena Robinson / UK	Alhambra	
ELYSIUM 16:00	<b>Odin's Fury</b> by Žiga Kodrič / SL	Amazon	
ELYSIUM 16:00	<b>Back to the Future</b> by Jozsef Zsiga / HU	Hollywood	
ELYSIUM 16:00	<b>Last Drop</b> by Matej Brtko & Marek Homza / SK	Ad Astra	
GALAXY 16:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 17:00	<b>Medieval</b> by Jan Jakub Baroň / CZ	Bavaria	
ELYSIUM 17:00	<b>The Last Samurai</b> by Nik Reberšek / SL	Provence	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 17:30	<b>Eschimoo</b> by Alexandra Drilea & Alex Hogeia / RO	Hollywood	
ELYSIUM 18:00	<b>Reggae: The Heart of Jamaica</b> by Charlie Bannister / UK	Alhambra	
ELYSIUM 18:00	<b>Essential Chill</b>	Amazon	
ELYSIUM 18:00	<b>Blind Love</b> by Elena Balica & Jozsef Zsiga / RO & HU	Ad Astra	

ELYSIUM 18:00	<b>Banya by Us</b> by Martin Segiň & Matej Brtko & Marek Homza / SK	A Terra	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 18:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>(Un)Talent</b> by Marek Homza / SK	Provence	
ELYSIUM 19:00	<b>Simulation of a Broken Heart</b> by Diana Boamfă / RO	Bavaria	
ELYSIUM 19:30	<b>Now and Then</b> by Mihai Ciusă & Rareș Matei / RO	Hollywood	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>Mysterious Incense</b>	Alhambra	
ELYSIUM 20:00	<b>Slovenian Express</b> by Gašper Krivec & Žiga Kodrič & Zan & Nik Reberšek / SL	Amazon	
ELYSIUM 20:00	<b>Symphony of a Memory</b> by Barbora Brožová / CZ	Ad Astra	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Coco</b> by Martin Segiň / SK	Provence	
ELYSIUM 21:00	<b>Magic Aufguss</b> by Andrei Șerban / RO	Bavaria	
ELYSIUM 21:30	<b>Rocky Balboa</b> by Jozsef Zsiga / HU	Ad Astra	
ELYSIUM 21:30	<b>Freestyle</b> by Jan Jakub Baroň / CZ	Amazon	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 21:30	<b>Peaky Blinders</b> by Gašper Krivec / SL	Hollywood	
ELYSIUM 21:30	<b>Sefari</b> by Jobi Manson / USA	A Terra	
ELYSIUM 22:00	<b>The First Date</b> by Elena Balica / RO	Alhambra	

















ELYSIUM 10:00	<b>Oriental Morning</b>	Alhambra	
ELYSIUM 10:30-11:00	<b>Herbal Infusion</b>	Amazon	
ELYSIUM 10:30-11:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 11:00	<b>The Path</b> <i>by Liviu Lubene / RO</i>	Provence	
ELYSIUM 11:00	<b>Safari</b> <i>by Jobi Manson / USA</i>	A Terra	
ELYSIUM 11:30	<b>Medieval</b> <i>by Jan Jakub Baroň / CZ</i>	Bavaria	
ELYSIUM 11:30-12:30	<b>Spice Bazaar</b>	Alhambra	
THE PALM 11:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 12:00	<b>Fruity Ice</b>	Amazon	
ELYSIUM 12:00	<b>Radioactive</b> <i>by Mihai Ciusă / RO</i>	Hollywood	
ELYSIUM 12:00	<b>Symphony of a Memory</b> <i>by Barbora Brožová / CZ</i>	Ad Astra	
THE PALM 12:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 12:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 12:30-13:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 13:00	<b>Rocky Mountains</b>	Bavaria	
ELYSIUM 13:00	<b>My Signature</b> <i>by Adrian Manolache / RO</i>	Provence	
ELYSIUM 13:00	<b>Herbarium Aufguss</b>	A Terra	
THE PALM 13:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 14:00	<b>Now and Then</b> <i>by Mihai Ciusă &amp; Rareș Matei / RO</i>	Hollywood	
ELYSIUM 14:00	<b>Citrus Breeze</b>	Amazon	
ELYSIUM 14:00	<b>Silk Road</b>	Alhambra	
ELYSIUM 14:00	<b>An Unexpected Journey</b> <i>by Jan Jakub Baroň / CZ</i>	Ad Astra	
ELYSIUM 14:30-15:00	<b>Halo Mint</b>	Himalaya	
GALAXY 14:30	<b>Oriental Scrub</b>	Oriental Garden	

ELYSIUM 15:00	<b>Between Light and Shadows</b> <i>by Barbora Brožová / CZ</i>	Provence	
ELYSIUM 15:00	<b>Scandinavian Rain</b>	Bavaria	
ELYSIUM 15:00	<b>Smoke Ritual</b>	A Terra	
THE PALM 15:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 16:00-16:30	<b>Spicy Infusion</b>	Alhambra	
ELYSIUM 16:00	<b>Herbarium Aufguss</b>	Amazon	
ELYSIUM 16:00	<b>Eschimoo</b> <i>by Alexandra Drilea &amp; Alex Hoge / RO</i>	Hollywood	
ELYSIUM 16:00	<b>Harriet Tubman</b> <i>by Andreea Broștiuc / RO</i>	Ad Astra	
GALAXY 16:30	<b>Caribbean Scrub</b>	Tropical Rain	
ELYSIUM 16:30-17:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 17:00	<b>Simulation of a Broken Heart</b> <i>by Diana Boamfă / RO</i>	Bavaria	
ELYSIUM 17:00	<b>Gospodar fără pereche</b> <i>by Alexandra Dragomirescu &amp; Rareș Matei / RO</i>	Provence	
THE PALM 17:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 17:30	<b>Hear Me Now!</b> <i>by Mihai Ciusă / RO</i>	Hollywood	
ELYSIUM 18:00	<b>Mystery Bazaar</b>	Alhambra	
ELYSIUM 18:00	<b>Essential Chill</b>	Amazon	
ELYSIUM 18:00	<b>Star de cinema</b> <i>by Andrei Șerban / RO</i>	Ad Astra	
THE PALM 18:30	<b>Water Aerobics</b>	Main Pool	
GALAXY 18:30	<b>Herbal Scrub</b>	Herbal Essences	
ELYSIUM 18:30-19:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 19:00	<b>Unshakable</b> <i>by Alexandra Dragomirescu &amp; Diana Boamfă / RO</i>	Provence	

# SAUNA FEST

Duminică / Sunday

27 Oct.

ELYSIUM 19:00	<b>Magic Aufguss</b> <i>by Andrei Șerban / RO</i>	Bavaria	
ELYSIUM 19:30	<b>Married at 18?</b> <i>by Andreea Broștiuc / RO</i>	Hollywood	
THE PALM 19:30	<b>Salt Ritual</b>	Rainforest	
ELYSIUM 20:00	<b>The First Date</b> <i>by Elena Balica / RO</i>	Alhambra	
ELYSIUM 20:00	<b>Freestyle</b>	Ad Astra	
ELYSIUM 20:00	<b>Equilibrium</b>	Amazon	
ELYSIUM 20:30-21:00	<b>Halo Mint</b>	Himalaya	
ELYSIUM 21:00	<b>Liquid Gold</b>	Provence	
ELYSIUM 21:00	<b>La Casa de Papel</b> <i>by Elena Balica &amp; Rareș Matei / RO</i>	Bavaria	
ELYSIUM 21:30-22:00	<b>Mint Infusion</b>	Amazon	
THE PALM 21:30	<b>Sweet Gommage</b>	Rainforest	
ELYSIUM 21:30	<b>Safari</b> <i>by Jobi Manson / USA</i>	A Terra	
ELYSIUM 22:00	<b>Maur Saga</b>	Alhambra	

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## CITIȚI REGULAMENTUL ȘI INSTRUȚIUNILE DE UTILIZARE A SAUNELOR ÎNAINTE DE A INTRA

- Temperatura diferă de la o saună la alta.
- Ședintele trebuie limitate la 10, maximum 15 minute.
- Dacă aveți stări de amețeală, moleșeală, greață sau insuficiență respiratorie, părăsiți sauna imediat.
- Folosiți dușul atât înainte, cât și după sesiunea de saună.
- Nu intrați în saună cu accesorii și bijuterii din metal, ochelari sau lentile de contact.
- Nu folosiți sauna decât după minimum o oră de la ultima masă.
- După sesiunea de saună, reduceți temperatura corpului treptat. Începeți cu terasa, unde puteți respira aer proaspăt. Apoi, faceți un duș rece, începând cu extremitățile corpului, pentru stimularea circulației. Pentru că dușul rece făcut prea repede după ieșirea din saună poate reprezenta un șoc pentru organism, acesta se face pe propria răspundere.
- Evitați să faceți efort pentru cel puțin 15 minute după ce ați ieșit din saună.

### NU UTILIZAȚI SAUNA DACĂ:

- Aveți angină pectorală, tensiune arterială mică, bătăi anormale ale inimii, tulburări de ritm, dacă ați suferit de infarct miocardic sau afecțiuni coronariene.
- Suferiți de alte condiții medicale de risc mare precum: blocaj renal, deficiențe ale ficatului, tulburări cardiace.
- Vă simțiți rău, leșinați ușor, suferiți de oboseală cronică, epilepsie sau atacuri de panică sau luați medicamente ce previn transpirația corpului.
- Sunteți însărcinată, la menstruație, sunteți sub influența băuturilor alcoolice, a stimulentei, narcoticelor sau tranchilizantelor.

## READ THE SAUNA-RELATED RECOMMENDATIONS & REGULATIONS BEFORE ENTERING THE SAUNA

- Temperatures and humidity vary from one sauna to another.
- A sauna session should be limited to 10, 15 minutes maximum.
- If you have nausea, sickness, or respiratory difficulties, please leave the sauna immediately. Prolonged exposure to high temperatures can have side effects and it may induce fainting.
- Use the shower both before and after your sauna session.
- Do not enter the sauna with accessories and metal jewellery, glasses or contact lenses.
- Do not use the sauna until at least one hour after the last meal.
- Cool down gradually after a sauna session. Start with a walk on the Terrace where you can breathe fresh air, and your respiratory system will return to its normal temperature. Then take a cold shower, starting with the extremities of your body - cold showers stimulate blood flow. Do not take a cold shower immediately after a sauna session, because it can put the body into shock. You are fully responsible for the use of the cold shower.
- Avoid exercising for at least 15 minutes after leaving the sauna.

### DO NOT USE THE SAUNA IF YOU:

- Have angina, low or high blood pressure, arrhythmia, or if you have suffered a stroke or coronary complications.
- Suffer from other high-risk medical conditions like renal blockage, liver problems, or heart complaints.
- Feel sick, faint easily, suffer from chronic fatigue, epilepsy, panic attacks, or take medicines that inhibit perspiration.
- Are pregnant, menstruating, or under the influence of alcohol, stimulants, narcotics or tranquillisers.



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*I* ♥ *Sauna*



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